



नेपालको लागि
NELUMBO, NEPAL
 नेलम्बो, नेपाल
 गुणस्तरीय शिक्षाका लागि
 शैक्षिक सामग्री तथा आर्थिक सहयोग
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ANNUAL PROGRESS REPORT

16 JULY 2021 - 15 JULY 2022



NELUMBO, NEPAL

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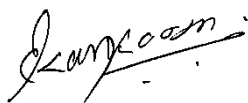
Foreword by Chairperson

I am very pleased to present the Annual Progress Report for 2021/22, highlighting the profile of organizational activities, achievements, and impact of our programs. Even though the pandemic had dropped down in comparison to previous years, some of its effects still persisted affecting the field activities which significantly impact the project results to some extent. We didn't let it slow us down and continued working towards achieving the goals through alternative means and measures and also contributing to the government's effort to mitigate the effect of COVID-19.

Our programs and activities such as Community Health, Education and Environment Aid in Nepal, COVID-19 response activities, and Dental Care and Ear Care were executed in various rural municipalities of Gandaki Province, Nepal. We are delighted to see the growing recognition and support for our work which motivates us to furthermore impact the lives of people. Along with these projects, "Preparedness and Response Activities related to COVID-19" was carried out to mitigate the effects of the pandemic. In our journey of improving the living standard of disadvantaged and marginalized communities, we have been able to bring satisfaction and smiles to the face of community people through our programs.

I know that there is still much more to be achieved and much more to give to the community people, and I am confident that our combined effort will help us achieve all our goals in the near future.

Finally, I would like to take this opportunity to express my sincere gratitude to all our international donors for their financial assistance. I would also like to thank all of the government bodies, non-governmental organizations, beneficiaries, stakeholders, and individuals for their continued trust and commitment to work with us and as well as our dedicated staff for their valuable contribution, cooperation, and belief in NELUMBO, NEPAL's objectives.



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Eka Dev Devkota
Chairperson
NELUMBO, NEPAL

Overview of the Year

This year presented many challenges, despite which many goals were met. The persisting pandemic affected field activities which significantly impacted the project results to some extent but alternative ways were adopted to deliver the services and facilities to the community people in need.

This year NELUMBO, NEPAL put special emphasis on health, and education programs through its two major projects Community Health, Education, and Environment and Dental Care and Ear Care. Under health programs, major activities like general and dental health camps, awareness programs, support in the establishment of Basic Community Health Center, training to tertiary level health workers, Medical Charity Fund, etc. were conducted. Likewise, under the education program, scholarships to underprivileged children, teachers support in government schools in rural areas, education materials support, euro guard distribution, etc. were conducted in different municipalities of Gandaki Province. Likewise, even though the COVID-19 cases had been gradually decreasing this year, NELUMBO, NEPAL consistently supported various organizations, health posts, hospitals and also needy individuals with

necessary safety materials, relief packages, and human resources, etc.

Besides health and education programs, research on the dental health of the community people of Machhapuchhre Rural Municipality, Gandaki Province, Nepal was carried out to assess the present condition of oral health among local community people of that place.

Monitoring and evaluation activities were also prioritized this year to measure the progress of our projects and to maintain the timeliness of project operation.

Apart from these activities, NELUMBO, NEPAL held its second election for new working committee/board members along with its 5th Annual General Meeting. Likewise, 4th NELUMBO Day was celebrated by supporting education materials and warm clothes for children from marginalized families. In addition to that, various workshops were conducted from time to time for motivation and refreshment of staff.

To sum up, NELUMBO, NEPAL through its overall projects was able to benefit more than 20,000 individuals in different municipalities of Gandaki Province, Nepal.

Activities Highlights of the year



Health Programs

- Health Camps
- Awareness
- Health materials distribution
- Trainings to health workers



Education Programs

- Scholarships
- Euroguard distribution
- Teacher support
- Support in infrastructure building
- Education materials distribution



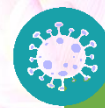
Medical Charity Fund

- Santa Bahadur Dhakal
- Medicines support to Manab Sewa Ashram
- Medicines support 20 disabled children



Oral Health Programs

- Oral and dental camps
- Further check-up (follow-up camp)
- Awareness Program
- Research activities



COVID-19 Programs

- Safety materials distribution
- Relief Distribution
- Support in building Basic Health Care Center
- Human Resource Support
- Awareness Program



Miscellaneous

- Relief Support to children belonging to marginalized family
- Capacity building workshops for staffs

A Quick Look at NELUMBO, NEPAL

NELUMBO, NEPAL established in 2017 A.D, is a non-profit making, non-governmental organization which is devoted to serving people in need with its program related to health, education, environment, and awareness. To this date, NELUMBO, NEPAL has conducted different health camps (general and dental), education-related programs, environmental programs, and awareness programs on various topics. Similarly, it has also been providing support to marginalized and underprivileged people who cannot afford treatment and medication for their illnesses. It aims to generate impacts on the lives of poor and marginalized populations through quality programs and services which it has been conducting since its initial phase.

Our Vision

To make proper health care and quality education services accessible, affordable, and acceptable to all in Nepal.

Our Mission

To improve the living condition of poor and marginalized people in the remote areas of Nepal through basic health and education services.

Our Values

- Service – Serving without any condition.
- Honesty – Being honest as an individual and as an organization.
- Excellence – Preserving excellence in our work.
- Forgiveness – Having forgiveness for others.
- Justice – Seeking Justice

Our Target Groups

Our programs are mainly focused on those individuals and community people who are underprivileged and marginalized; those who are unable to access their basic needs related to health, education, and environment. The lasting changes we wish to bring among those people is the upliftment of their living standards through the provision of basic needs and services.

- Compassion – Having compassion for needy and marginalized people.
- Hope – Bringing hope to the hopeless people.

Our Objective

- To deliver quality health services in remote parts of Nepal.
- To provide general health camps with free treatment (from a specialist) and free medicine as per a doctor's prescription.
- To run awareness programs related to health, education, environment conservation, and gender equality.
- To promote and support quality education in local community schools (through training and distribution of educational materials).
- To work in coordination with the local government bodies, institutions, and community for the effectiveness of the program

Projects

A. Community Health, Education and Environment

I. Health Programs

In recent years, Nepal has made substantial improvements in the health outcomes of citizens despite which there are still many challenges in achieving universal health coverage. A vast difference can be observed in medical workers and resource allocation between urban and rural areas. Although, Nepal is striving to make primary health services available to every citizen in the country. The health centers located in rural areas usually have fewer health services with limited resources.

NELUMBO, NEPAL in coordination with government is attempting to fill in gaps to make quality health care service available, accessible and affordable even to the people residing in rural and remote parts of Nepal. These programs, for now, run in different municipalities of Gandaki Province and have been able to benefit thousands of people.

i. Health Camp

General health camp is one of the prominent programs under the project Community Health, Education and Environment. To this date, NELUMBO, NEPAL has served thousands of people through this program but the outbreak of COVID-19, had greatly affected this program. With the ease in COVID-19 situation, NELUMBO, NEPAL in coordination with the ward office of Pokhara Metropolitan City-20, conducted a free health camp with medicine distribution and awareness program with the theme of “Prevention, identification, and treatment of chronic diseases.”

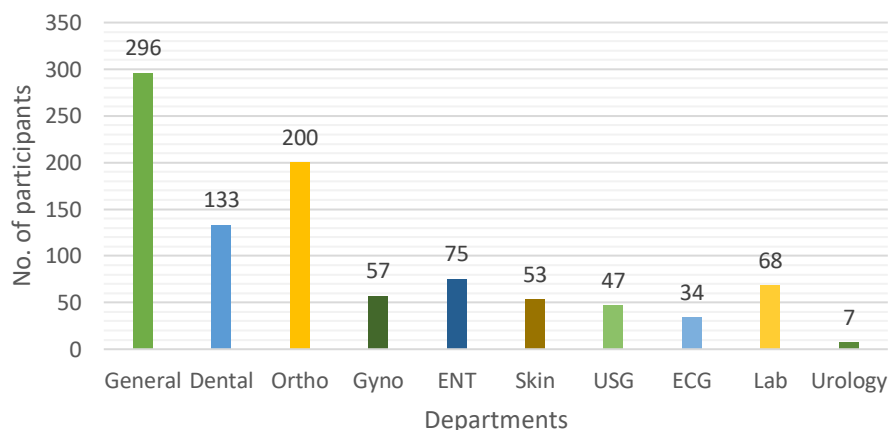


Figure 1: Bar diagram showing registration of participants into different departments

A total of 466 people registered for a check-up in the camp, among which 64% were female and 36% were male. Despite the fact that 466 people registered for checkups, 970 services were actually delivered details of which is shown in figure 1. The services provided in the camp were: general medicine, gynecology, orthopedics, skin, urology, ENT (ear, nose, and throat), USG (Ultrasonography), ECG (Electrocardiogram), pharmacy, and laboratory (urine and blood test).

Some Glimpse from the program



Fig: Nurses checking vitals



Fig: Patients consulting with Gynecologist for their problem



Fig: USG being done by Doctors



Fig: Blood sugar level check-up of patient at camp laboratory



Fig: People waiting in line to get their prescribed medicine



Fig: Chief guest of the program Honorable Vice-Mayor Manju Devi Gurung inspecting the camp

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ii. Medical Charity Fund

NELUMBO, NEPAL has been supporting Mr Santa Bahadur Dhakal since December 2018 with his medication. He visits NELUMBO, NEPAL'S office at the end of every month to receive his prescribed medicines. With no job and source of income it is difficult for him to afford his medicines. Here's what his sister has to say: "I am very happy that NELUMBO NEPAL is supporting my brother with his medical care and prescription needs.

All of his savings and assets had already been used for his treatment. I occasionally helped him, but I found it impossible to do so on a regular basis because of my child and my family. Since he has started taking his medications on a daily basis, his health has improved, and these days he appears content. I owe a debt of gratitude to NELUMBO, NEPAL for their assistance."



NELUMBO, NEPAL in collaboration with CWSN provided medicines and dressing materials of worth Rs. 93,802 for 20 children living with disability for six months. All these children have various types of disabilities like developmental disability, intellectual disability, and so on and were not able to afford medication because of the weak financial condition.



iii. Training for health workers

NELUMBO, NEPAL facilitated the 3 days' training of tertiary level health workers of Baglung district on repairing and maintenance of biomedical equipment. Technical Officer, Mr. Rabi Gurung of NELUMBO, NEPAL gave training to all the tertiary level health workers where the equipment was supported by Everest Surgical.



Fig: Some pictures from the biomedical equipment training

iv. Medicine Support

In order to ensure the availability of first aid supplies and necessary medicines, shelter homes and local community clubs like Manab Sewa Ashram, Pokhara and Sirjana Cultural Family, Dhampus were provided with health materials and medications on timely basis to ensure the availability of basic and essential medicine to community people in need.

II. Education Programs

Education is essential for well-rounded growth, not merely as a way to earn degrees and achieve financial success. One's personality and the way he or she responds to situations in life are significantly shaped by the learning process and the level of education the child receives. Because today's kids will grow up to be adults who contribute to the development of the nation; their growth is parallel to the future of our country, reflected through the quality of present education.

As NELUMBO, NEPAL understands the importance of a child's right to have access to quality education, it has been conducting various programs related to education to strengthen and upgrade the quality of education. In addition to the curriculum, emphasis is also placed on students' overall development i.e. on physical, mental, and social development through various activities like the provision of euro guards in government schools, sanitary pads for female students at school, and distribution of sports and other educational materials for the public schools and students in need. These programs have been focused primarily on marginalized students and communities.



NELUMBO, NEPAL provided scholarships to those underprivileged children who show academic excellence but come from low-income families and are therefore unable to pay for their education.



Euro guard was provided to the government schools of the working area so that safe drinking water will be available to all the students even in schools and hence keeping them safe from different types of water-borne diseases.



Along with the euro guard for the availability of clean and safe drinking water in the school, water dispensers were also distributed to the schools for easy access of purified drinking water for the children.



In comparison to private schools in urban areas, government schools in Nepal have fewer qualified teachers and fewer resources. NELUMBO, NEPAL provided a trained teacher, school dresses, bags, and other educational supplies for the school in order to address this issue in one of the government schools in Machhapuchhre Rural Municipality.



























To reduce the absenteeism of girls during menstruation, the government has launched an initiative to distribute sanitary pads for free in government schools. Hence to support this initiative of the government, NELUMBO, NEPAL distributed sanitary pads in government schools as per the need assessment.

B. NELUMBO, NEPAL's response to COVID-19:

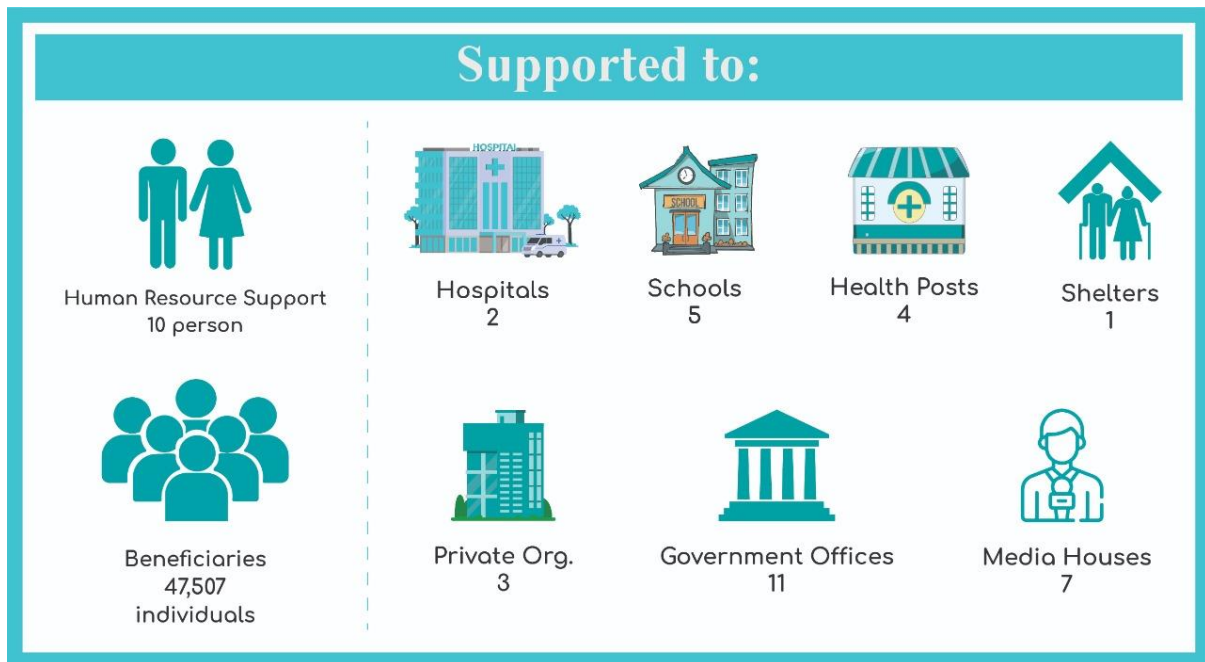
Nepal faced 3 waves of the COVID-19 pandemic in this year, with the second being the most devastating driven by the Delta variant of SARS-CoV2 during which many people lost their lives while thousands struggled for hospital beds and oxygen. It not only affected the health aspects but also had a great impact on the daily lives of people. In response to the pandemic, NELUMBO, NEPAL started a project called "Preparedness and Response actions related to COVID-19" that worked in three phases depending on the scenario. Three main programs were run in this project i.e.

- Distribution of Medical Safety Materials
- Relief Distribution
- Awareness Programs



Materials Distribution				
				
Infrared Thermometer 26 pcs	Disposable Masks 35700 pcs	Surgical Gloves 2900 pairs	KN95 Mask 1466 pcs	Sanitizer (5 L) 89 gallons
				
Sanitizer (500 ml) 21 bottles	Soap 245 pcs	Handwash 5 bottles	PPE Full Set 84 sets	Face Shield 286 pcs
				
Awareness Banner 25 pcs	Sanitizer stand 11 pcs	Disinfectant 3 gallons	Spray bottle 95 pcs	Oximeter 54 pcs
				
Digital Thermometer 5 pcs	Glucometer 1 pkt	Glucometer Strip 1 pkt	Nebulizer 4 pcs	Emergency light 3 pcs
				
Oxygen Concentrator 3 pcs	BP Set 3 sets	Oxygen Cylinder 1 set	Food Package 205 pkgs	

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Stories along the way:

The Cost for Breathing: Story of Hiramani Pariyar

The burden of chronic disease worldwide is huge, both in terms of morbidity and mortality. Chronic diseases like Chronic Obstructive Pulmonary Disease (COPD) causes more than 3 million deaths worldwide and among it more than 90% of these occur in low



to middle-income countries like Nepal. Treating COPD burdens not only individuals but the health care system as well. Nepal's health care system is already overburdened in many links; with accessibility and

affordability of health care services being some of the important parts. In this situation, it is difficult for people belonging to a low socioeconomic background to afford treatment and medication for chronic diseases which requires a fair sum of money. People living with disabilities are more prone to develop other disease conditions as well and have much more health care needs than people leading a normal life. A similar case is seen for Hiramani Pariyar, resident of Madi Rural Municipality-10, Bhachowk, who is physically

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impaired and has been bedridden for many years. Recently he was diagnosed with COPD but due to the weak financial condition of his family, he was unable to get the required treatment and medication. He was suffering from the double burden of disease without the required treatment, medication, and rehabilitation for the disease condition which has financially and mentally stressed out both him and his family.

NELUMBO, NEPAL, which has been working continuously towards the attainment of quality health care service available, accessible, and affordable to all has been providing support to marginalized and underprivileged people like Hiramani Pariyar for meeting their medical needs to lead a productive life. Correspondingly, NELUMBO, NEPAL supported Hiramani with an Oxygen cylinder set for his breathing problem (due to COPD) and also with food relief packages for him and his family.

Some Glimpse from the program:



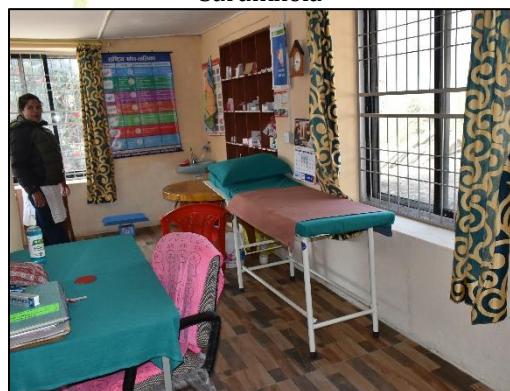
Fig: Handover of Medical Safety Materials to Infectious and Communicable Disease Hospital



Fig: Relief Distribution of vulnerable family of Machhapuchhre Rural Municipality-02, Sardikhola



Fig: Support for building Basic Community Health Post at Machhapuchhre Rural Municipality-07



C. Dental Care and Ear Care

In Nepal, the majority of health services, including dental treatment, are concentrated in metropolitan regions, which restricts access to health care including oral health for the rural population, who outnumbers the urban population. NELUMBO, NEPAL launched the *Oral Health and Dental Care* program under the **Dental Care and Ear Care** project to meet the gaps in obtaining optimal oral health care in rural and remote parts of Nepal. Under this program, oral health services are provided through a fully equipped Dental Mobile Clinic by a qualified dental team that consists of a Dental Surgeon, dental hygienists, technical officers, etc. It provides services on-field, in a moving vehicle that typically includes routine care such as initial exams, dental x-rays, cleanings, fillings, disease screening, etc.

These camps are followed by a further check-up camp after a month or so, where follow-up treatments and medications are done to provide complete dental treatment. All the services and prescribed medicines provided through this program are free of cost. In total, **2248** people have been able to get dental treatment and necessary medication until July 16, 2022. Along with the curative part, this project also emphasizes on preventive aspects of oral and dental health so these camps are always accompanied by awareness programs related to the importance and ways of maintaining good oral health and hygiene. These camps are organized at two levels i.e. community level and school level. A total of 17 camps (12 camps and 5 follow-up camps) were organized in duration of 1 year, details of which are given below:

Community level:

A total of 1810 people registered in community level dental camps this year for checkup. Among them, highest percentage of participants i.e. 33.6% belonged to 0-20 age group. More than half of the participants i.e. 52% were male and remaining 48% were female.

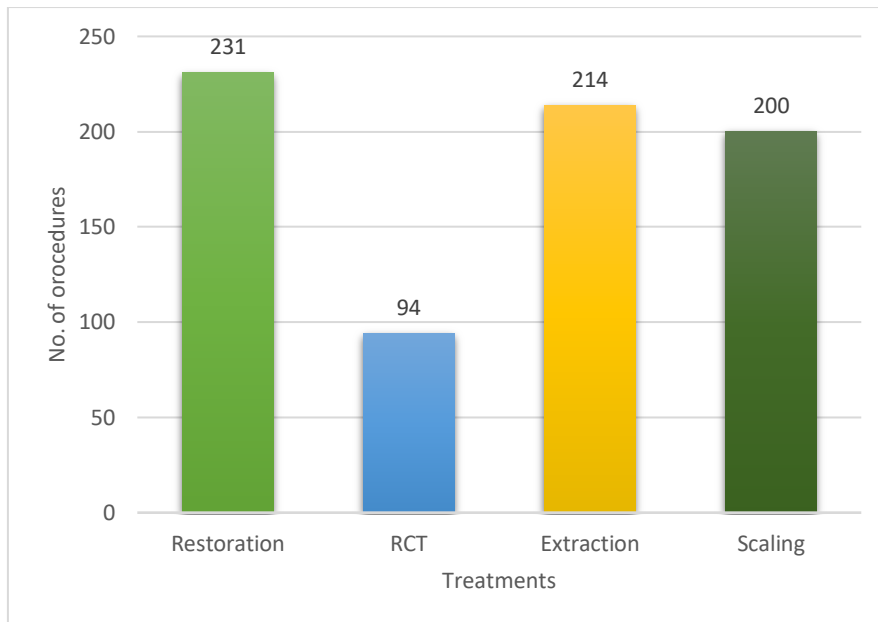


Figure 2: Bar-diagram showing different types of treatment given at camp

The bar diagram shows the most common types of treatment that were given in the dental camps as per the patients' need. Tumor excision, surgical decompression, root planning, surgical extraction, etc. were the other treatments that were provided to the patient as per their need.

School level:

A total of 438 students including teacher and staff members of different government schools were given treatment and medication. Like community level dental camps, male participants were higher than that of women i.e. 53% and 47% respectively. The highest registration for checkup in dental camps was from 11-15 age group with 254.

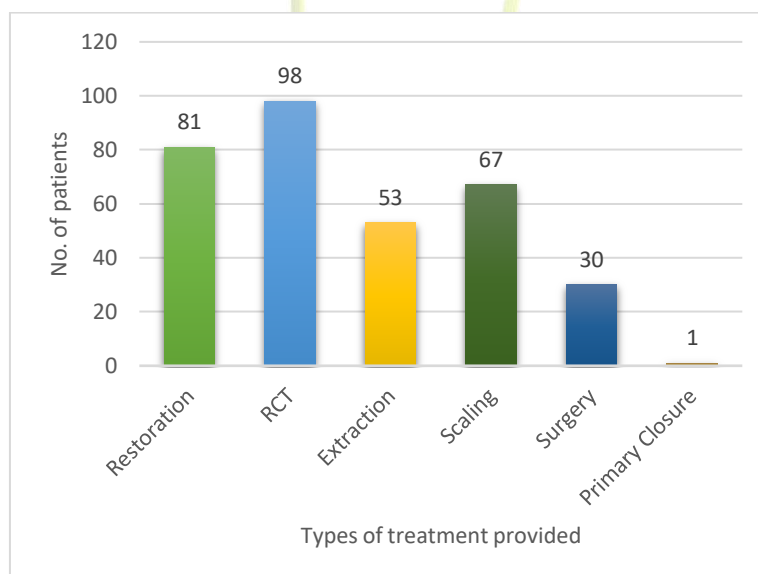


Figure 3: Different types of treatment provided

The treatments shown in bar diagram are the most common type of treatment that were given in the dental camp as per the students' need. Among them, RCT was the most common treatment given to students. Beside treatment, awareness program was organized for students to promote good oral health and hygiene from young age.

Dental Care and Ear Care



Fig: RVG being done on patients



Fig: Patient being treated on fully equipped dental van



Fig: Distribution of prescribed medicine



Fig: Dental Hygienist conducting oral health awareness at school

D. Research

Research is one of the priority areas of the organization. By conducting research in different areas, we aim to get important information about disease trends, its' severity, various risk factors associated with it, effective preventive measures, etc.

This year, we conducted a survey among adults (18-65 years) of Machhapuchhre Rural Municipality which is a rural area with limited health care services. With oral and dental health care services centralized mostly in urban areas of Nepal; people residing in rural and remote parts suffer more from diseases and problems related to it. They mostly rely on home remedies and painkillers or other things to relieve pain. Lack of access to dental care services has resulted in more prevalence of oral health diseases and conditions which can be observed in the result of the study we conducted at Machhapuchhre Rural Municipality. Our study which was undertaken to determine the prevalence and severity of dental caries as well as various factors associated with it showed that more than 80% of the study population was affected by dental caries. Furthermore, various socioeconomic, oral hygiene and dietary factors was found to influence the prevalence and severity of dental caries among study population. This study was conducted with the ethical approval from Nepal Health Research Council (NHRC).



Fig: Data collection at Machhapuchhre Rural Municipality

Monitoring and Evaluation Activities

Many monitoring and evaluation activities of different programs were carried out in duration of one year. Monitoring the current programs and projects provides the information about the progress of the implemented program and the experience to improve effectiveness of program in the future.



Before and after picture of Euro guard provided to Shree Udaya Secondary School, Machhapuchhre-07, Dhampus. This euro guard was provided to the aforementioned school on January 4, 2021. Monitoring of the euro guard to assess its proper use and condition was done on April 10, 2022. In a similar way, monitoring of all the schools who were provided with euro guard was carried out.

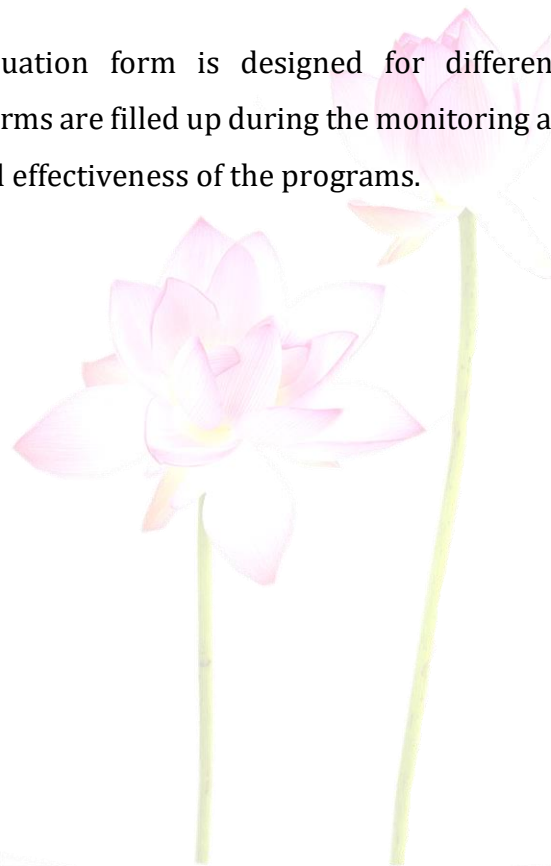


Dustbin was distributed at community level to promote clean environment in Dhampus, Machhapuchhre-07 on September 20, 2020. To assess the condition of the dustbin and its proper use at different places, its' monitoring was done on April 10, 2022 by Chairperson, Program Coordinator and Liaison Officer. Picture on the left is from the dustbin handover program and the picture on the right is from monitoring.



All the underprivileged students who received scholarships from NELUMBO, NEPAL were monitored to track their academic progress. The scholarship committee members were responsible for the monitoring and evaluation of this program.

Monitoring and evaluation form is designed for different programs as per the requirement. Those forms are filled up during the monitoring and evaluation activities to track the progress and effectiveness of the programs.



Contribution to Sustainable Development Goals (SDGs)

We've sketched out how we have been contributing to achieving the Sustainable Development Goals. Our effort has a beneficial impact on practically all of the goals but it has a stronger positive impact on these four particular goals, according to the mapping:



Target 3.8

Ensure Healthy Lives and Promote Well-Being for All at all Ages



Target 4.1.a

Ensure Inclusive and Equitable Quality Education and Promote Lifelong Learning Opportunities for All



Target 6.1

Ensure Availability and Sustainable Management of Water and Sanitation for All



Target 15.B

Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.



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Funding Partner & Supporters

NELUMBO, NEPAL would like to express its sincere gratitude towards all the national and international organizations without whom we wouldn't have been able to carry out the programs effectively. With the support from partners, we were able to carry out our programs as per the plan.



Stiftung Schweiz



VICTORINOX



Appreciation Certificates 2021/22



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News Coverage

News coverage of organizations' programs by various local and national newspapers.

सहारा क्लबको दन्त शिविर



आदर्श समाज
पोखरा, २५ असार

सहारा क्लब पोखराको आयोजना तथा नेलम्बो नेपालको प्रबिधिक सहयोगमा शनिवार निरुलक दन्त शिविर भएको छ । शिविरमा ५३ जनाको दन्त उपचार गरिएको थियो ।

ताम्रथुमे २ जनाको जर्देखिको उपचार, २ जनाको दाँत निकाल्ने, ५ जनाको दाँतको एक्स-रे, १० जनाको दाँत भर्ने र अन्य २५ जनाको दाँत सफाई गरिएको नेलम्बोका जनसम्पर्क अधिकृत भीमप्रसाद भण्डारीले जानकारी दिए ।

क्लबद्वारा पोखरा १७ दोबिल्लामा संचालित फुटबल एकेडेमी दोबिल्लामा भएको शिविर उद्घाटन गर्दै पोखरा १७ का वडाअध्यक्ष राधिकाकुमारी शाही योगीले दन्त उपचारको महत्त्वमयि प्रकाश पार्दै दाँत स्वास्थ्य भएमात्रै मानिसको आत रहने बताइन् । उनले क्लब तथा नेलम्बोका कार्य सराहनीय रहने गरेको चर्चा गर्दै कामका आधारमा वडाले संस्थाको मूल्यांकन गर्ने गरेको स्पष्ट पारिन् । शाहीले वडास्थित अन्य विपन्न

वस्तुमा पनि शिविर संचालनमा सहयोग गर्ने नेलम्बोसम्बन्ध आग्रह गर्दै फुटबल एकेडेमी वडाको गहना भएको ओल्याइन् ।

नेलम्बोका अध्यक्ष एकदेव देवकोटाले संस्थाले सहकाय गर्दा त्रिवाशौलतामा विरवास गर्ने भन्दै त्यस्ता ठाउँमा मात्रै कार्यक्रम सफल हुने जनाए । देवकोटाले नेलम्बोले स्वास्थ्य, शिक्षा, वातावरण र अनुसन्धानको क्षेत्रमा कार्य गर्दै आइरहेको पनि बताए । सहाराजस्तो सामाजिक संस्थासँग सहकार्य गर्न पाउँदा आफूहरू खुसी रहेको उनले सुनाए ।

क्लब अध्यक्ष हरिराम गुरुङ (सुरज) ले नेलम्बोसँग सहकार्य गर्न पाउँदा खुसी लागेको औल्याउँदै आगामी दिनमा पनि सहकार्यको ढोका खुला रहने जनाए । उनले शिविरबाट फाइदा लिन सबैसँग आग्रह पनि गरे । शिविरमा डा. सिजन मर्सानिको नेतृत्वमा स्वास्थ्यकर्मीको टोली खटिएको थियो । सहारा क्लब पोखरा अध्यक्ष सुरजको अध्यक्षतामा भएको उक्त कार्यक्रममा सदस्य तथा कार्यक्रम संयोजक अतीत गुरुङले स्वागत तथा क्लबका सचिव सुनिल रामामगरले कार्यक्रम संचालन गरे ।

नेलम्बो नेपालको वार्षिकोत्सव



पोखरा, १७ पुस (आदर्श समाज)- नेलम्बो नेपालले चौथो वार्षिकोत्सव मनाएको छ । माछापुच्छ्रे गाउँपालिका ६ धितालामा स्थित एक विपन्न परिवार तौलवहादुर थापाका ४ जना बालबच्चाहरूलाई जाडोमा लगाउने न्यानो कपडा (मोजा, थर्मकोट, ट्याक सुट) र स्टेसरी सामग्री (कर्पी, भोला, पेन्सिल, डटपेन) सहयोग गरिएको छ । माछापुच्छ्रे ६ का अध्यक्ष हरिचन्द्र ढुंगानाले रोहवरमा नेलम्बो नेपालका अप्रेसन कोर्डिनेटर विवेक साहले सहयोग सामग्री हस्तान्तरण गरेका हुन् । नेलम्बो जनसम्पर्क अधिकृत भीमप्रसाद भण्डारी र निर्मला

देवकोटारामेते सहभागी थिए । सामग्री हस्तान्तरण गर्दै साहले नेलम्बो नेपाल विपन्न व्यक्तिहरूको साथमा रहेर पाँचौं वर्षमा प्रवेश गर्दैगर्दा विपन्न परिवारलाई सहयोग गर्न पाउँदा खुसी लागेको बताए ।

माछापुच्छ्रे ६ काअध्यक्ष हरिचन्द्र ढुंगानाले नेलम्बो नेपाल वडावासीको मन मस्तिष्कमा सधैं रहेको र न्यानो कपडा तथा स्टेसरी वितरण गरेर पुण्य कार्य गरेको बताए । नेलम्बो नेपालले हरेक वर्षको पुस १४ गतेलाई नेलम्बो नेपालको स्थापना दिवसको रूपमा मनाउँदै आएको छ ।

तारकाडमा नेलम्बोको स्वास्थ्य शिविर

आदर्श समाज

हेमजा, २२ जेठ

मादी गाउँपालिका अध्यक्ष देवीजंग गुरुङले सामाजिक क्रियाकलापका क्षेत्रमा नेलम्बो नेपालको भूमिका महत्वपूर्ण रहदै आएको बताएका छन् ।

नेलम्बो नेपाल तथा गाउँपालिकाको आयोजनामा आइतबारबाट वडा ४ स्थित तारकाडमा सुरु निशुल्क मुख तथा दन्त शिविरको उद्घाटन गर्दै अध्यक्ष गुरुङले त्यस्तो बताएका हुन्। उनले नेलम्बोको क्रियाशीलताको प्रशंसा गर्दै सिकलेस र गाउँपालिकाको पूर्वी भागलाई पनि लक्षित गरी पुनःशिविर संचालन गरिदिन आग्रह पनि गरे । उपाध्यक्ष कल्पना गुरुङले कोभिड संक्रमणका समयमा नेलम्बोले गरेको सहयोग निकै सरानीय रहेको



चर्चा गरिन् । नेलम्बोका अध्यक्ष एकदेव देवकोटाले सहकार्य तथा सक्रिय सहभागिता भएको ठाउँमा मात्रै संस्थाले गतिविधि संचालन गर्ने उल्लेख गर्दै नेलम्बोले शिक्षा, स्वास्थ्य, वातावरण र अनुसन्धानका क्षेत्रमा कार्य गर्दै आइरहेको स्पष्ट पारे । प्रमुख प्रशासकीय अधिकृत नारायणप्रसाद सापकोटाले जनप्रतिनिधिको चाहनाअनुसार शिविर संचालन गरिएकोमा धन्यवाद दिए । उनले गाउँपालिकाले नागरिकमैत्री क्रियाकलापलाई महत्व दिँदै आएको

प्रष्टाए । गाउँपालिका स्वास्थ्य शाखा प्रमुख गोपालचन्द्र बरालले आधारभूत स्वास्थ्य मौलिक हक भएको उल्लेख गर्दै दाँत स्वास्थ्य रहेमात्रै शरीर निरोगी रहने स्पष्ट पारे । वडा ४ अध्यक्ष शिवप्रसाद सापकोटाले वडास्थित विद्यालयलाई पनि शिविरमा सहभागी गराउने प्रयास भइरहेको बताए । जेठ २६ सम्म संचालन हुने उक्त शिविरमा दन्त चिकित्सक डा. सिजन मरासिनीको नेतृत्वमा सहायक दन्त चिकित्सकद्वय स्नेहा खड्का र

सुष्मी बुढामगर, कनीकल सहयोगी विजय बलम्पाकी मगर, जनसम्पर्क अधिकृत भीमप्रसाद भण्डारीसहित नेलम्बोका कर्मचारीहरु मुक्त माल, रुपेश गुरुङ र नम्रता दुडुगाना खटिएका छन् ।

शिविरको पहिलो दिन आइतबार कुल ७५ जनाको दन्त परीक्षण गरिएको छ । जसअन्तर्गत ८ जनाको दाँत सफा, ९ जनाको दाँत भर्ने, ९ जनाको एक्सरे, १३ जनाको दाँत निकाल्ने तथा ४ जनाको जरेदेखि उपचार भएको छ । कुल ४३ वटा उपचार पंढति अगाडि बढेका छन् । वडाध्यक्ष शिवप्रसाद सापकोटाको अध्यक्षतामा भएको कार्यक्रममा स्वास्थ्य शाखा प्रमुख बरालले स्वागत तथा वडासचिव बलराम सापकोटाले कार्यक्रम संचालन गरे ।

पत्रकारलाई नेलम्बोको सहयोग



आदर्श समाज

पोखरा, ६ माघ

नेलम्बो नेपालले नेपाल पत्रकार महासंघ कास्कीलाई ३७ हजार वरानको स्वास्थ्य सुरक्षा सामग्री

प्रदान गरेको छ । कोरोनाको तेस्रो लहर कोभिडको विपम् परिस्थितिमा ऊपभागमा खार्ने संचारकर्मीलाई स्वास्थ्य सावधानी अपनाए सत्य, तथा र नियन्त्रण समाचार संकलन गर्न सहजहोम भन्ने हेतुले ती सामग्री

हस्तान्तरण गरिएको नेलम्बो नेपालका जनसम्पर्क अधिकृत भीमप्रसाद भण्डारीले जानकारी दिए ।

महासंघले विहोत्तर पत्रकारलाई कोभिडविषयको तुस्टर डोज दिइरहेको अवस्थामा नेलम्बो

नेपालले डिस्पोजिबल मास्क ८ हजार २ सय ५० थान, केपन १५ मास्क ५ सय ५० थान गरी ३५ हजार ८ सय ५० खर्चको सामग्री प्रदान गरेको हो । सो सामग्री संस्थाले जनसम्पर्क अधिकृत भीमप्रसाद भण्डारीले पत्रकार महासंघ कास्की उपाध्यक्ष रामप्रसाद विमल्लेनालाई हस्तान्तरण गरेका हुन् ।

गतआँग पत्र पत्रकारक नेलम्बो नेपालले पत्रकारको नाकमा स्वास्थ्य सुरक्षा सामग्री हस्तान्तरण गरिसकेको छ ।

संस्थाले कोरोनाको सुरुवाती चरणदेखि नै स्वास्थ्यकर्मी, सुरक्षाकर्मी, सञ्चारकर्मी, कास्कीका सम्पूर्ण सामुदायिक विद्यालय, स्थानीय तह, विभिन्न पालिकाका वडा र स्वास्थ्य चौकीहरू विभिन्न संघसंस्था तथा सरकारी कार्यालयहरूलाई स्वास्थ्य सुरक्षाका सामग्री प्रदान गरेको छ ।

ANNEX: Pictures

Other Activities



Fig: Group presentation of staffs on one day workshop facilitated by Chairperson of NELUMBO, NEPAL



Fig: 5th Annual General Meeting and Election conducted in the presence of all Board members as well as staff members



Fig: 4th NELUMBO Day celebrated by doing various programs



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