# ANNUAL

REPORT 2022





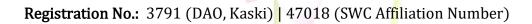












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**Pictures:** NELUMBO, NEPAL's photo collection

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### Annual Report of 2022

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# Foreword by Chairperson



It is a great honor to lead an aspiring organization like NELUMBO, NEPAL as it drives towards the attainment of its goal. This year we have successfully completed 5 years in serving the needy and marginalized communities. It gives me an immense pleasure to see how our programs and projects has touched so many lives in a positive way. And I am very pleased to present the Annual Report of 2022, which highlights the profile of

organizational activities, achievements, and impact of our programs in communities.

Our projects like Community Health, Education and Environment, COVID-19 response activities, and Ear Care and Dental Care were executed in various municipalities of Gandaki Province, Nepal. With these projects, we have been able to serve thousands of people who are in need. We are delighted to see the growing recognition and support for our work which motivates us to furthermore work for uplifting the lives of marginalized people.

This year, we successfully conducted our 6<sup>th</sup> Annual General Meeting in the presence of all the board members, general members, honorary members, staffs and their families. We see the coming years as full of hope, inspiration, and expectations, as we embark on the journey of improving the living standard of disadvantaged and marginalized communities through our programs. I know that there is still much more to achieve but I am confident that our combined effort will help us achieve all our goals in the near future. Finally, on the behalf of board of NELUMBO, NEPAL, I would like to take this opportunity to express my sincere gratitude to all our international donors for their financial assistance and also the government bodies, non-governmental organizations, beneficiaries, stakeholders, and individuals for their continued trust and commitment to work with us. At last, I would like to acknowledge the young, energetic and dedicated staff for their valuable contribution, cooperation, and their beliefs in NELUMBO, NEPAL's objectives.

Eka Dev Devkota Chairperson

NELUMBO, NEPAL

#### Overview of the Year 2022

The year 2022 presented numerous challenges, despite which many goals were met. The persisting pandemic affected field activities which significantly impacted the project results to some extent but alternative ways were adopted to deliver the services and facilities to the community people in need.

This NELUMBO, year specially emphasized on health, and education programs through its two major projects Community Health, Education, and Environment Aid in Nepal and Dental Care and Ear Care. Under health programs, major activities like general and dental health camps, awareness programs, support for establishment of Basic Community Health Center, Medical Charity Fund, etc. were conducted. Likewise, under the education program, scholarships underprivileged to children. teachers support in government schools in rural areas, education materials support, euro guard distribution, etc. were conducted in different municipalities of Gandaki Province. Even though the COVID-19 cases had been gradually decreasing this year, NELUMBO, NEPAL consistently supported various organizations, health posts, hospitals and also needv

individuals with necessary safety materials, relief packages, human resources, etc.

Besides health and education programs, research on the dental health of the local community people of Machhapuchhre Rural Municipality, Gandaki Province, Nepal was carried out to assess the present condition of dental health among the local community people of that place. Monitoring and evaluation activities were also prioritized this year to measure the progress of our projects in order to maintain the timeliness of project operation.

Apart from these activities, NELUMBO, NEPAL its 6<sup>th</sup> Annual General Meeting in the presence of all Board, General, Honorary and staff members. Likewise, 4<sup>th</sup> NELUMBO Day was celebrated by organizing 1-day Staff Motivation training. In addition to that, various workshops were conducted from time to time for motivation and refreshment of staff.

To sum up, NELUMBO, NEPAL through its overall projects was able to benefit more than 20,000 individuals in different municipalities of Gandaki Province, Nepal.

# Activities Highlights of 2021/22

# Health Programs

**Health Camps** 

**Awareness** 

Health materials distribution

Trainings to health workers

# **Education Programs**

**Scholarships** 

**Euroguard distribution** 

Teacher support

Support in infrastructure building

Education materials distribution

# Medical Charity Fund

Santa Bahadur Dhakal

Medicines support to 20 children with disability

# Oral Health Programs

Oral and dental camps

Further check-up (follow-up camp)

Awareness Program

Research activities

# COVID-19 Programs

Safety Materials

**Relief Distribution** 

Support in building Basic Health Care Center

**Human Resource Support** 

Awareness Program

# **Miscellaneous**

Relief Support to children belonging to marginalized family

Capacity building workshops for staffs

### A Quick Look at NELUMBO, NEPAL

NELUMBO, NEPAL established in 2017 A.D, is a non-profit making, non-governmental organization which is devoted to serving people in need with its program related to health, education, environment, and awareness. To this date, NELUMBO, NEPAL has conducted different health camps (general and dental), education-related programs, environmental programs, and awareness programs on various topics. Similarly, it has also been providing support to marginalized and underprivileged people who cannot afford treatment and medication for their illnesses. It aims to bring positive impacts on the lives of poor and marginalized populations through quality programs and services which it has been conducting since its initial phase.

#### **Our Vision**

To make proper health care and quality education services accessible, affordable, and acceptable to all in Nepal.

#### Our Mission

To improve the living condition of poor and marginalized people in the remote areas of Nepal through basic health and education services.

#### **Our Values**

- Service Serving without any condition.
- Honesty Being honest as an individual and as an organization.
- Excellence Preserving excellence in our work.
- Forgiveness Having forgiveness for others.
- Justice Seeking Justice

- Compassion Having compassion for needy and marginalized people.
- Hope Bringing hope to the hopeless people.

### **Our Objective**

- To deliver quality health services in remote parts of Nepal.
- To conduct general health camps with free treatment (from a specialist) and free medication as per a doctor's prescription.
- To run awareness programs related to health, education, environment conservation, and gender equality.
- To promote and support quality education in local community schools (through training and distribution of educational materials).
- To work in coordination with the local government bodies, institutions, and community for the effectiveness of the program

#### **Our Target Groups**

Our programs are mainly focused on those individuals and community people who are underprivileged and marginalized; those who are unable to access their basic needs related to health, education, and environment. The lasting changes we wish to bring among those people is the upliftment of their living standards through the provision of basic needs and services.

## **Projects**

### A. Community Health, Education and Environment Aid in Nepal

#### I. Health Programs

In recent years, Nepal has made substantial improvements in the health outcomes of citizens despite which there are still many challenges in achieving universal health coverage. A vast difference can be observed in medical workers and resource allocation between urban and rural areas. Although, Nepal is striving to make primary health services available to every citizen in the country; the health care centers located in rural areas usually have fewer health services with limited resources.

NELUMBO, NEPAL is attempting to fill in gaps to make quality health care service available, accessible and affordable even to the people residing in rural and remote parts of Nepal. These programs, for now, run in different municipalities of Gandaki Province and have been able to benefit thousands of people.

#### i. Health Camp

General health camp is one of the prominent programs under the project Community Health, Education and Environment. In 2022, NELUMBO, NEPAL in coordination with the Rural Municipalities and Ward Offices conducted 2 different health camps, medicine distribution and awareness program with the main theme of "Identification, prevention, and treatment of chronic diseases." Aforementioned camps were organized at Madi Rural Municipality-01, Sikles, Kaski (3 days camp) and Aandhikhola Rural Municipality-01, Panchamul, Syangja (2 days camp).

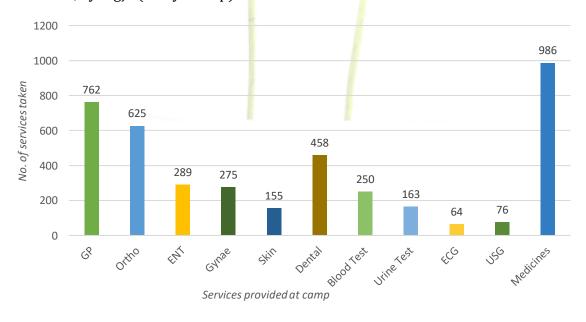


Figure 1: Bar diagram showing registration of participants into different departments

A total of 1177 people registered for a check-up in those camps, among which 64% were female and 36% were male. Despite the fact that 1177 people registered for checkups, 4103 services were actually delivered, details of which is shown in figure 1. Services provided in the camp were: general medicine, gynecology, orthopedics, skin, ENT (ear, nose, and throat), USG (Ultrasonography), ECG (Electrocardiogram), pharmacy, and laboratory (urine and blood test).

Some glimpse from the camps are shown below (figure i to vi):

#### **Pictures**



Fig i: Registration of patients for check-up



Fig ii: Nurses taking vitals



Fig iii: Patients their problems with doctors



Fig iv: USG being done at camp



Fig v: Blood sugar level check-up of patient at camp



Fig vi: Distributing prescribed medicines to patients

#### ii. Medical Charity Fund

NELUMBO, NEPAL has established Medical Charity Fund (MCF) with an aim to support poor and marginalized people who are unable to afford their treatment and medication cost. With this fund, NELUMBO, NEPAL has been able to support 100s of people. The summarized detail of the individuals who were supported this year is given below:

NELUMBO, NEPAL has been supporting Mr. Santa Bahadur Dhakal since December 2018 with his medication. He visits NELUMBO, NEPAL'S office at the end of every month to receive his prescribed medicines. With no job and source of income it is difficult for him to afford his medicines. Here's what his sister has to say: "I am very happy that NELUMBO, NEPAL is supporting my brother with his medical care and prescription needs.



All of his savings and assets had already been used for his treatment. I occasionally helped him, but I found it impossible to do so on a regular basis because of my child and my family. Since he has started taking his medications on a daily basis, his health has improved, and these days he appears content. I owe a debt of gratitude to NELUMBO, NEPAL for their assistance."

NELUMBO, NEPAL in collaboration with Child Welfare Scheme Nepal (CWSN) provided medicines and dressing materials to 20 children living with disability in Pokhara Metropolitan City. These children have various types of disabilities like developmental disability, intellectual disability, and so on and were not able to afford medication because of the weak financial condition.



Belonging to the marginalized family Shirish B.K., Badel B.K., & Sabina B.K. studying at Shree Udaya Secondary School, Machhapuchhre-07 were not able to get the required treatment for their eye problem in time. So, they were brought to Himalayan Eye Hospital, Pokhara by NELUMBO, NEPAL for required treatment.



Sugaut B.K. studying in class 2 at Shree Udaya Secondary School, Macchapuchhre-07 has had short-leg syndrome since he was a baby. Due to the weak financial condition of his family he was not able to get the treatment. NELUMBO, NEPAL brought him to Pokhara to provide him the required treatment.



#### iii. Medicine Support

Shelter homes, health posts and local community clubs like Manab Sewa Ashram, Pokhara, Sirjana Cultural Family, Dhampus, etc. were provided with health materials and medications on timely basis to ensure the availability of basic and essential medicine to people in need. This was done to ensure the access of first aid supplies and other necessary medicines at the time of emergency.



Fig vii: Handover of medicines to Srijana Cultural Family, Dhampus, Machhapuchhre-07



Fig viii: Handover of medicines to Health Post of Machhapuchhre-08

#### iv. Awareness Program

NELUMBO, NEPAL focuses on both curative and preventive aspects of health, with a particular emphasis on educating people about healthy living practices and disease prevention. It also recognizes that people's health behaviors and habits are influenced by their beliefs and seeks to take this into account in its efforts.

NELUMBO, NEPAL has been actively working to promote health education and awareness through a variety of methods which includes awareness programs along with health camps, collaboration with other organizations, and utilizing different forms of media such as radio and television. These programs and activities are likely aimed at promoting healthy living and preventing disease within the community.



Fig ix: Awareness using multimedia at Sikles health camp



Fig x: Awareness program using various multimedia at Panchamul Health Camp



Fig xi: Awareness session by kidney diseases patient



Fig xii: Session by Nephrologists of Pokhara Academy of Health Sciences

#### **II. Education Programs**

Education is essential for well-rounded growth, not merely as a way to earn degrees and achieve financial success. One's personality and the way he or she responds to situations in life are significantly shaped by the learning process and the level of education he or she received as a child. Because today's kids will grow up to be adults who will contribute to the development of the nation; their growth is parallel to the future of our country, reflected through the quality of present education.

As NELUMBO, NEPAL understands the importance of a child's right to quality education, it has been conducting various education programs to strengthen and upgrade the quality and accessibility of education. In addition to the curriculum, emphasis is also placed on students' overall development i.e. on physical, mental, and social development through various activities like the provision of euro guards in government schools, sanitary pads for students, and distribution of sports and other educational materials for the public schools and students in need. These programs have been focused primarily on marginalized students and communities. Summarized detail of education program is given below:





NELUMBO, NEPAL provided scholarships to those underprivileged children who show academic excellence but come from low-income families and are therefore unable to pay for their education.

Euro guard was provided to the government schools of the working area so that safe drinking water will be available to all the students even in schools and hence keeping them safe from different types of water-borne diseases.

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Along with the euro guard for the availability of clean and safe drinking water in the school, water dispensers were also distributed to the schools for easy access to purified drinking water for the children.



In comparison to private schools in urban areas, government schools in Nepal have inadequate qualified human resources and facilities. NELUMBO, NEPAL provided a trained teacher, school dresses, bags, and other educational supplies for school in order to address this issue in one of the government schools of Machhapuchhre Rural Municipality.



To reduce the absenteeism of girls during menstruation, the government has launched an initiative to distribute sanitary pads for free in government schools. Hence, to support this initiative of the government, NELUMBO, NEPAL distributed sanitary pads in government schools as per the need assessment.

#### B. NELUMBO, NEPAL's response to COVID-19:

Nepal faced 3 waves of the COVID-19 pandemic, with the second being the most devasting driven by the Delta variant of SARS-CoV2 during which many people lost their lives while thousands struggled for hospital beds and oxygen. It not only affected the health aspects but also had a great impact on the daily lives of people. In response to the pandemic, NELUMBO, NEPAL launched a project called "Preparedness and Response activities related to COVID-19" that worked in three phases depending on the scenario. Three main programs were run in this project i.e.

- Distribution of Medical Safety Materials
- Relief Distribution
- Awareness Programs

Even through the COVID-19 cases were receding in number, NELUMBO, NEPAL continuously supported hospitals, health posts and many other government offices with health safety materials, relief packages, human resources (for hospitals only) to prevent the further outbreak. Some of the pictures from the COVID-19 response program is displayed below i.e. from figure xiii to figure xv.

#### **Pictures**



Fig xiii: Handover of Medical Safety Mater<mark>i</mark>als to Infectious and Communicable Disease Hospital



Fig xiv: Handover of Medical Safety Materials to Press Council.





Fig xv: Support for building Basic Community Health Post at Machhapuchhre Rural Municipality-07

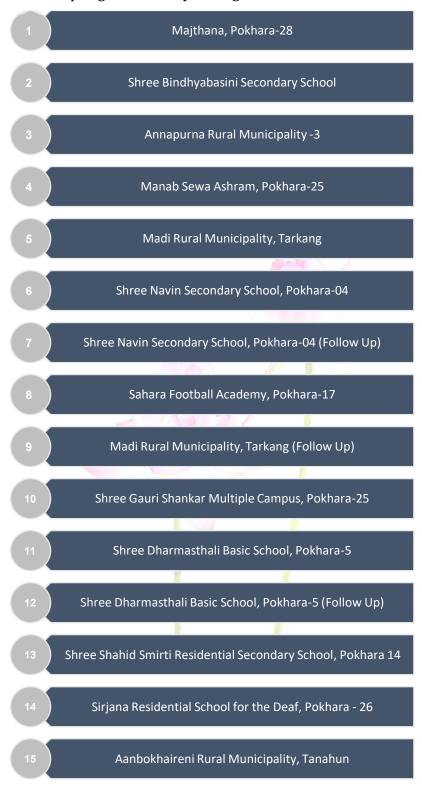
#### C. Dental Care and Ear Care

In Nepal, the majority of health services, including dental treatment, are concentrated in metropolitan regions, which restricts access to health care including oral health for the rural population, who outnumbers the urban population. NELUMBO, NEPAL launched the *Oral Health and Dental Care* program under the **Dental Care and Ear Care** project to meet the gaps in obtaining optimal oral health care in rural and remote parts of Nepal. Under this program, oral health services are provided through a fully equipped Dental Mobile Clinic by a qualified dental team that consists of a Dental Surgeon, dental hygienists, technical officers, etc. It provides services on-field, in a vehicle that typically includes routine care such as initial exams, dental x-rays, cleanings, fillings, disease screening, etc. These camps are followed by a further check-up camp after a month or so, where follow-up treatments and medications are done to provide complete dental treatment. All the services and prescribed medicines provided through this program are free of cost.

In 2022 a total, **3924** people have been able to get dental treatment and necessary medication. Along with the curative part, this project also emphasizes on preventive aspects of oral and dental health so these camps are always accompanied by awareness programs related to the importance and ways of maintaining good oral health and hygiene; some of the pictures from the dental camp is shown from figure xvi to figure xix. These camps are generally organized at two levels i.e. community level and school level.

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The list of dental camp organized this year is given below:



#### **Dental Care and Ear Care**



Fig xvi: Dental Surgeon treating patient in fully equipped Mobile Dental Van

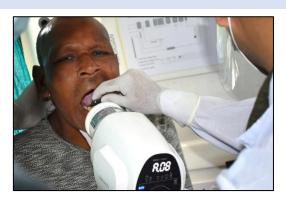


Fig xvii: RVG being done on patients



Fig xviii: Distribution of prescribed medicine



Fig xix: Dental Hygienist conducting oral health awareness at school

#### D. Research

Research is one of the priority area of the organization. By conducting research in different areas, we aim to get important information about disease trends, its' severity, various risk factors associated with it, effective preventive measures, etc.

This year, we conducted a survey among adults (18-65 years) of Machhapuchhre Rural Municipality which is a rural area with limited health care services. With oral and dental health care services centralized mostly in urban areas of Nepal; people residing in rural and remote parts suffer more from diseases and problems related to it. They rely mostly on home remedies, painkillers or other things to relieve pain. Lack of access to dental care services has resulted in high prevalence of oral health diseases which can also be observed in the result of the study conducted at Machhapuchhre Rural Municipality. The study which was undertaken to determine the prevalence and severity of dental caries showed that more than 80% of the study population was affected by dental caries. Furthermore, various socioeconomic, oral hygiene and dietary factors was found to influence the prevalence and severity of dental caries among study population. This study was conducted with ethical approval from Nepal Health Research Council (NHRC); also the completed report has been submitted to NHRC for publication of research article.



Fig xx: Data collection at Machhapuchhre Rural Municipality

## **Monitoring and Evaluation Activities**

Monitoring and evaluation activities of different programs were carried out in the fiscal year 2021/22. Monitoring the current programs and projects provides the progress of the implemented program and the experience to improve practices and activities in the future.





Before and after picture of Euro guard provided to Shree Udaya Secondary School, Machhapuchhre-07, Dhampus. This euro guard was provided to the aforementioned school on January 4, 2021. Monitoring of the euro guard to assess its proper use and condition was done on April 10, 2022. In a similar way, monitoring of all the schools who were provided with euro guard was carried out.





NELUMBO, NEPAL supported Shree Deurali Basic School, Machhapuchhre-07, Dhampus for fencing the school compound to ensure students' safety during school hours. The support was provided on January 1, 2022. Monitoring of the fence condition was done after 2 months i.e. on April 10, 2022 to assess the condition of fence and compound. The picture on the left shows the condition of the fence when it was just completed and the picture on the right shows the condition of fence after two months.

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Dustbin was distributed at community level to promote clean environment in Dhampus, Machhapuchhre-07 on September 20, 2020. To assess the condition of the dustbin and its proper use at different places, its' monitoring was done on April 10, 2022 by Chairperson, Program Coordinator and Liaison Officer. Picture on the left is from the dustbin handover program and the picture on the right is from monitoring.



All the underprivileged students who received scholarships from NELUMBO, NEPAL were monitored to track their academic progress. The scholarship committee members were responsible for the monitoring and evaluation of this program.

Monitoring and evaluation form has been designed for different programs as per the requirement. Those forms are filled up during the monitoring and evaluation activities to track the progress and effectiveness of the programs.

# **Contribution to Sustainable Development Goals (SDGs)**

We've sketched out how we have been contributing in achieving the Sustainable Development Goals. Our effort has a beneficial impact on practically all of the goals but it has a stronger positive impact on these four particular goals, according to the mapping:



#### Target 3.8

Ensure Healthy Lives and Promote Well-Being for All at all Ages





#### Target 4.1.a

Ensure Inclusive and
Equitable Quality
Education and Promote
Lifelong Learning
Opportunities for All





#### Target 6.1

Ensure Availability and
Sustainable Management
of Water and Sanitation for
All





#### Target 15.B

Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.



# **Funding Partner & Supporters**

NELUMBO, NEPAL would like to express its sincere gratitude towards all the national and international organizations, local government, local clubs, and community people and also many more individual donors without whom we wouldn't have been able to carry out all the programs effectively. With the support from these partners, we were able to carry out all the programs as per the plan.













#### **Board Members**

#### **General Members**

Mr. Eka Dev Devkota - Chairperson	Mrs. Runa Shrestha
Mr. Saroj Koirala – Vice – Chairpe <mark>rs</mark> on	Mr <mark>. S</mark> ujit Sen Thakuri
Mrs. Sajani Udas - Secretary	Mrs. Suman Shrestha
Mrs. Anjana Tajhya – Treasurer	M <mark>r.</mark> Aamod Koirala
Dr. Kapil Adhikari - Member	Mrs. Jenita Malla
Mr. Rakesh Joshi - Member	Mrs. Juna Kumari Gurung
Mr. Sumeru Tripathi - Member	

#### **Honorary Members**

Assoc. Prof. Gehendreshwor Koirala	Dr. Deepak Ranjan Dalai
Dr. Bhojraj Neupane	Mr. Rammani Adhikari
Dr. Chandika Pandit	Mr. Abu Taher Md Rafiqul

#### **Team Members**



Dr. Kisan Koirala Funding and Partnership Coordinator



Mr. Bhim Prasad Bhandari Program Coordinator



Mr. Suman Godar Finance Officer



Dr. Sijan Marshani Dental Surgeon



Ms. Nirmala Devkota Health Promotion Officer



Ms. Shamika Basnet Research Officer



Mr. Rabi Gurung Technical Officer (Part-time)



Ms. Manisha Adhikari Child Care Counsellor



Mr. Rupesh Gurung Technical Supervisor



Ms. Niruta Devkota
IT Supervisor (Part-time)



Mrs. Kabita Subedi Adm<mark>i</mark>n Assistant



Ms. Karuna Garbuja Registered Dental Hygienist



Ms. Anju B.K. Registered Dental Hygienist



Ms. Namarata
Dhungana
Field Admin Assistant



Mr. Krishna Prasad Devkota Driver



Mr. Mukta Mal Driver



Mr. Ritik Chuwain Clinical Support



Mrs. Rita Thapa Magar Office Helper

## **Appreciation Certificates**







# **News Coverage**

News coverage of organizations' programs by various local and national newspapers.

# पत्रकारलाई नेलम्बोको सहयोग



🛮 आदर्श समाज

पोखरा, ६ माय

नेतस्को नेपालले नेपाल पत्रकार महासंघ कास्कीलाई ३७ हजार बरागरको स्वास्ट्य सुरक्षा सामग्री प्रदानपरेको छ। कोरोनाको तेसी सहर कोमिकोनको वियम् परिस्थितमा अग्रभागमा खटिन संवारकर्मीलाई स्वास्थ्य सावधनी अपनाप्र सत्य, तथ्य र निय्धा समाचार संकलन गर्न सहजहोस् थन्ने हेतुले ती सामग्री हस्तान्तरणगर्मएको नेलम्बो नेपालका जनसम्पर्क अधिकृत भीमप्रसाद भण्डातीले जानकारी दिए।

महासंबले बिहोनार पत्रकारलाई कोशिडविष्यदको तुस्टर डोज डिइरहेको अवस्थामा नेलम्बो नेपालले डिस्मोजियल मास्क ८ हजार २ सय ५० थान, केएन ५५ मास्क ५ सव ५० थान गरी ३५ हजार ८ सय ५० स्मेनी नराबरको सामग्री प्रदान गरेको हो। सो सामग्री संस्थाका जनसम्पर्क अधिकृत गीमग्रसाय मण्डारीले पत्रकार महासंघ कास्की उपाध्यक्ष रामग्रसाय विभिन्नोनालाई हस्तान्वरण गरेका हुन्।

मसऑय पॉन प्रकारक हेलानो नेपालले पत्रकारको माभ्रमा स्वतस्थ्य सुरक्षा सामग्री हस्तान्तरण गरिसकेको छ।

संस्थाले कोरोनाको सुरुआती चरपदेखिने स्वास्थ्यकर्ती, सुरुआकर्गी, सञ्चारकर्मी, कास्त्रीका सम्पूर्ण सामुराधिक विद्यालंग, स्थानीय तह, विभिन्न पालिकाका वडा र स्वास्थ्य चौकीहरु विभिन्न संपर्सस्था तथा सरकारी कार्यालगगुरुलाई स्वास्थ्य सुरकारा कार्यालगगुरुलाई स्वास्थ्य सुरकारा कार्यालगगुरुलाई स्वास्थ्य

# सहारा क्लबको दन्त शिविर



**■ आदर्श समाज** पोखरा, २५ असार

सहारा क्लब पोखराको आयोजना तथा नेलम्बो नेपालको प्रविधिक सहयोगमा शनिवार निशुक्क दन्त शिविर पएको छ । शिविरमा ५३ जनाको दन्त उपचार गरिएको थियो ।

तिया।
तीमध्ये २ जनाको जरैरेखिको
उपचार, २ जनाको दौत निकाल्ने,
५ जनाको दौतको एक्स-रे, १०
जनाको दौत मर्ने र अन्य-रे,
जनाको दौत सफाइ गरिएको
नेलन्योंका जनसम्पर्क अधिकृत
विद्यास्य भण्डारीले जानकारी
विद्या

दिए।

व लबद्वारा पो खरा १७

दोविल्लामा संचालित फुटबल
एकंडेमी दोविल्लामा भएको शिविर
उद्घाटन गर्ने पोखरा १७ का
वडाध्यस राधिकाकुमारी शाही
योगीलं दन्त उपचारको महत्वमार्थि
प्रकाश पार्ने दाँत स्वास्थ्य भएमात्रै
मानिसको आत रहने बताइन् ।
उनले कलव तथा नेलस्बोक चर्मा
सराहनीय रहने गरेको चर्चा गर्नै
कामका आभारामा वडाले संस्थाको
मूल्यांकन गर्ने गरेको स्पष्ट पार्रिन्।
शाहीलं वडास्थित अन्य विपन्न

वस्तीमा पिन शिविर संचालनमा सहयोग गर्न नेलम्बोसमक्ष आग्रह गर्दै फुटबल एकेडेमी वडाको गहना भएको ऑल्याइन् ।

नंलम्बोका अध्यक्ष एकदेव देवकोटाले संस्थाले सहकार्य गर्ना क्रियाशीलतामा विश्वास गर्ने भन्दे त्यस्ता ठाउँमा मात्रे कार्यक्रम सफल हुने जनाए । देवकोटाले नंलम्बोले स्वास्थ्य, शिका। बातावरण र अनुसन्धानको क्षेत्रमा कार्य गर्दै आइरहेको पनि बताए । सहाराजस्तो सामाजिक संस्थासँग सहकार्य गर्ने पाउँदा आफृहरु खुसी रहेको उनले सुनाए।

वलव अध्यक्ष हिराम गुरुङ (सुरन) ले नेलन्बांसँग सहकार्यं गर्न पाउँरा खुसी लागेको औल्याउँद आगामी दिनमा पनि सहकार्यंको होका खुला रहने जनाए । उनले शिविदवाट फाइरा लिन सबेसँग आग्रह पनि गरे । शिविरमा डा. सिजन मसीनीको नेतृत्वमा स्वास्थ्यकर्माको टोली खटिएको थियो। सहारा चलव गर्चेका सुरजको अध्यक्षतामा भएको उक्त कार्यक्रमामा सदस्य तथा कार्यंक्रम संयोजक अतीत गुरुङले स्थागत तथा चलवका स्थिय सुनिल रानामगरले कार्यक्रम संवालन गरे।

# तारकाङमा नेलम्बोको स्वास्थ्य शिविर

**■ आदर्श समाज** हेमजा, २२ जेठ

मादी गाउँपालिका अध्यक्ष देवीजंग गुरुङले सामाजिक क्रियाकलापका क्षेत्रमा नेलम्बो नेपालको भूमिका महत्वपूर्ण रहदै आएको बताएका

नेलम्बो नेपाल तथा गाउँपालिकाको आयोजनामा आइतबारबाट वडा ४ स्थित तारकाडमा सुरु निशुल्क मुख तथा दन्त शिविरको उद्घाटन गर्दै अध्यक्ष गुरुङले त्यस्तो बताएका हुन्। उनले नेलम्बोको क्रियाशीलताको प्रशंसा गर्दै सिक्लेस र गाउँपालिकाको

उनले नेलम्बोको क्रियाशीलताको प्रशंसा गर्दै सिक्लेस र गाउँपालिकाको पूर्वी भागलाई पनि लक्षित गरी पुनःशिविर संचालन गरिदिन आग्रह पनि गरे। उपाध्यक्ष कल्पना गुरुङले कोमिङ संक्रमणका समयमा नेलम्बोले गरेको सहयोग निकै सरानीय रहेको



चर्चा गरिन् । नेलम्बोका अध्यक्ष एकदेव देवकोटाले सहकार्य तथा सिक्रय सहमागिता भएका ठाउँमा मात्र संस्थाले गतिविधि संचालन गर्ने उल्लेख गर्दै नेलम्बोले रिक्रय स्वास्थ्य, वातावरण र अनुसन्धानका क्षेत्रमा कार्य गर्दै आइरहेको स्पष्ट पारे । प्रमुख प्रशासकीय अधिकृत नारायणाप्रसाद सापकोटाले जनप्रतिनिधको चाहनाअनुसार शिवर संचालन गरिएकोमा धन्यवाद दिव उनले गाउँपालिकाले नागरिकमैत्री क्रियाकलापलाई महत्व दिंदै आएको

प्रष्टाए ।

गाउँपालिका स्वास्थ्य शाखा प्रमुख गोपालचन्द्र बरालले आधारमृत स्वास्थ्य मौलिक हक भएको उल्लेख गर्दै दाँत स्वास्थ्य रहेमात्रे शरीर निरोगी रहने स्पष्ट पारें। वडा ४ अध्यक्ष शिवप्रसाद सापकोटाले वडास्थित विद्यालयलाई पनि शिविरमा सहमागी गराउने प्रयास भइरहेको बताए। जेट २६ सम्म संचालन हुने उक्त शिवरमा दन्त चिकरसक डा. सिजन मरासिनीको नेतृत्वमा सहायक दन्त चिकरसकद्वय स्नेहा खड्का र सुष्मी बुढामगर, क्नीकल सहयोगी विजय बलम्पाकी मगर् जनसम्पर्क अधिकृत भीमप्रसाद भण्डारीसहित नेलम्बोका कर्मचारीहरु मुक्त माल, रुपेश गुरुङ र नम्रता ढुङगाना खटिएका छन्।

शिविरको पहिलो दिन आइतबार कुल ७५ जनाको दन्त परीक्षण गरिएको छ। जसअन्तर्गत ८ जनाको दांत सफा, ९ जनाको दांत मनं, ९ जनाको एकसरे, १३ जनाको दांत निकाल्ने तथा ४ जनाको जरेदीख उपचार भएको छ। कुल ४३ वटा उपचार भएको छ। कुल ४३ वटा उपचार पहित अगाडि बढेका छन्। वडाध्यक्ष शिवप्रसाद सापकोटाको

वडाध्यक्ष शिवयंसार सापकोटाको अध्यक्षतामा भएको कार्यक्रममा स्वास्थ्य शाखा प्रमुख बरालले स्वागत तथा वडासचिव बलराम सापकोटाले कार्यक्रम संवालन गरे।

### **ANNEX: Pictures**

#### **Other Activities**



Fig xxi: Board and staff interactive program



Fig xxii: Women's day celebration



Fig xxiii: 6<sup>th</sup> Annual General Meeting and Election conducted in the presence of all Board members, General members as well as staff members



Fig xxiv: Staff Refreshment program at office



Fig xxv: Staffs, after completing group task at Staff Motivation training



Fig xxvi: Celebration of 5th NELUMBO Day





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