


# Annual Report 2024



**NELUMBO, NEPAL**

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[www.nelumbonepal.org](http://www.nelumbonepal.org)



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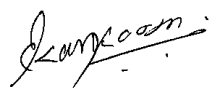
## Foreword by Chairperson

As the Chairperson of NELUMBO, NEPAL, it is with great pride that I reflect on the remarkable progress and achievements we have made in 2024. This report serves as a testament to the impact of our initiatives and the transformative change we continue to bring to the communities we serve.

Over the past year, we successfully implemented three key projects: **Community Health, Education, and Environment (CHEE)**; **Dental Care and Ear Care (DCEC)**; and **Child Care Counseling and Development (CCCD)**. Through these programs, we have directly and indirectly impacted thousands of individuals across Gandaki Province, ensuring better access to healthcare, education, and social support for those in need. The growing recognition and support for our work inspire us to push forward, further improving the lives of marginalized communities. While we acknowledge the challenges that lie ahead, we remain steadfast in our mission to uplift disadvantaged populations. With each passing year, our commitment to enhancing the living standards of these communities only strengthens. Though much remains to be done, I am confident that our collective efforts will bring us even closer to realizing our goals.

As we celebrate seven years of dedicated service, I am deeply humbled by the unwavering dedication of our team—staff members, volunteers, and supporters—who have played an integral role in driving our mission forward. Witnessing the positive changes brought about by our programs has been incredibly rewarding. I would like to extend my heartfelt gratitude to all our supporters and well-wishers. Your trust, generosity, and belief in our cause empower us to continue making a meaningful difference, and we remain committed to using every contribution responsibly and transparently.

This Annual Report is more than just a summary of our accomplishments—it reflects the collective power of a compassionate and determined community. As we move forward, let us reaffirm our dedication to our mission, embracing innovation, collaboration, and empathy to create lasting change. Together, we can continue making a profound impact, transforming lives, and building a brighter future for all.



.....  
Eka Dev Devkota  
Chairperson  
NELUMBO, NEPAL

## Executive Summary

In 2024, NELUMBO, NEPAL successfully operated three fully developed projects: “**Community Health, Education, and Environment Aid in Nepal (CHEE)**,” **Dental Care and Ear Care (DCEC)**,” and “**Child Care Counseling and Development (CCCD)**.” These initiatives were designed to address key areas such as healthcare, education, environmental sustainability, and community awareness.

The health programs encompassed a range of impactful activities, including general, dental, and ear-related health camps, awareness campaigns, medical supply support for government health facilities, and the Medical Charity Fund (MCF). Under the education program, scholarships were awarded to underprivileged children, government schools received teacher support and educational materials, and euro-guards were distributed to enhance sanitation in government schools of various municipalities of Gandaki Province. The environmental programs focused on sanitation, dustbin distribution and awareness campaigns at different community and school levels.

In the “**Child Care Counseling and Development (CCCD)**” project, NELUMBO, NEPAL organized counseling sessions and meeting for parents and caregivers, emphasizing early childhood development protocols to help children meet age-appropriate developmental milestones.

Beyond these core projects, the organization also held its 8th Annual General Meeting, bringing together Board, General, Honorary, and staff members. Additionally, the 7th NELUMBO Day was celebrated with staff and board members with a picnic. Workshops were conducted to further enhance staff motivation and well-being.

In total, through its various programs and initiatives, NELUMBO, NEPAL positively impacted over 30,000 individuals across multiple municipalities in Gandaki Province, Nepal, reinforcing its commitment to sustainable community development and social welfare.



## A Quick Glance at NELUMBO, NEPAL

NELUMBO, NEPAL established in 2017 A.D., is a non-profit making, non-governmental organization which is devoted to serving people in need with its program related to health, education, environment, and awareness. To this date, NELUMBO, NEPAL has conducted different health camps (general, dental, and ear), education-related programs, environmental programs, and awareness programs on various topics. Similarly, it has also been providing support to marginalized and underprivileged people who cannot afford treatment and medication for their illnesses. It aims to bring positive impacts on the lives of poor and marginalized populations through quality programs and services which it has been conducting since its initial phase.

### Our Vision

To make proper health care and quality education services accessible, affordable, and acceptable to all in Nepal.

### Our Mission

To improve the living conditions of poor and marginalized people in the remote areas of Nepal through basic health and education services.

### Our Objective

- To deliver quality health services in remote parts of Nepal.
- To conduct general health camps with free treatment (from a specialist) and medication as per a doctor's prescription.
- To run awareness programs related to health, education, environment conservation, and gender equality.
- To promote and support quality education in local community schools (through training and distribution of educational materials).
- To work in coordination with the local government bodies, institutions, and community for the effectiveness of the program.

### Our Target Groups

Our programs are mainly focused on those individuals and community people who are underprivileged and marginalized; those who are unable to access their basic needs related to health, education, and environment. The lasting change we wish to bring among those people is the upliftment of their living standards through the provision of basic needs and services.

## Projects

### 1. Community Health, Education, and Environment (CHEE)

In recent years, Nepal has made notable progress in improving health outcomes for its citizens. However, achieving universal health coverage remains a challenge. A significant gap persists in the distribution of medical personnel and resources between urban and rural areas. While efforts are being made to provide healthcare services to all, rural health centers often struggle with limited facilities and resources. A similar issue affects the education sector, where government and public schools in rural regions face inadequate funding, resulting in shortages of resources. NELUMBO, NEPAL is working to bridge these gaps by ensuring quality healthcare and education services are available, accessible, and affordable in rural and remote areas. Currently, its programs operate across various municipalities in Gandaki Province, benefiting thousands of people. This initiative, originally launched in 2022, marks NELUMBO, NEPAL's first project aimed at supporting poor, marginalized, and underprivileged communities.

#### Objectives of the project:

- Organizing General Health Camps to identify chronic diseases, provide treatment, and organize awareness programs to prevent diseases.
- To provide support to the individuals from the working area who are unable to bear the expenses for their treatment and medication.
- Conducting free dental health camps at schools to provide necessary oral and dental care treatment to students.
- To enhance the quality of education in government schools by providing educational materials and Euro guards as support.
- Conducting awareness programs on factors contributing to climate change and waste management.

## A. Health Programs

NELUMBO, NEPAL is dedicated to closing healthcare gaps by providing accessible and affordable medical services to remote communities. Committed to reducing disparities between urban and rural areas, the organization actively supports government health facilities and local populations. Operating across multiple municipalities in Gandaki Province, its initiatives, such as general health camps, have positively impacted thousands. Through continuous efforts, NELUMBO, NEPAL strives to bring sustainable improvements to rural healthcare, ensuring that neither distance nor cost hinders people from accessing essential medical care.

### I. Health Camp

One of the best and most effective ways to provide quality health care service to the unreached marginalized and underprivileged population is through general health camps, which provide local communities with health consultation, and checkups including the distribution of prescribed medications. NELUMBO, NEPAL has been organizing health camps since its initial years to make quality health care services available to all. It is one of the prominent programs under the project *Community Health, Education, and Environment (CHEE)*. The campsites in these health camps are designated in selected rural places like community schools, health posts, Primary Health Care Centre (PHCC), rural municipality offices, Ward offices, etc., from where people can easily access quality health care services provided through the camp.

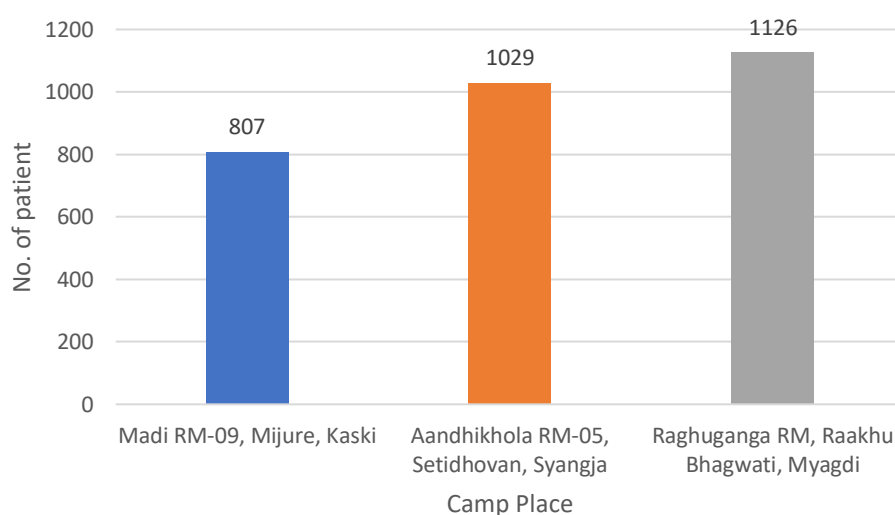


Figure 1: Camp place with patient registration details.

In the year 2024, NELUMBO, NEPAL in coordination with the different Rural Municipalities and Ward Offices conducted **3** general health camps with the main theme of ***"Identification, prevention, and treatment of chronic diseases"*** details of which are shown in Figure 1.

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The following services were available in the General Camp:

- General Health Checkup (General, Ortho, Gynae, ENT, and Skin)
- Dental check-up along with screening, x-ray, scaling, extraction, restoration, etc. services
- Ear check-up along with the syringing and suctioning of ear
- Laboratory (Blood sugar and urine test)
- USG (Ultrasonography)
- ECG (Electrocardiogram)
- Free medicine distribution
- Awareness program.

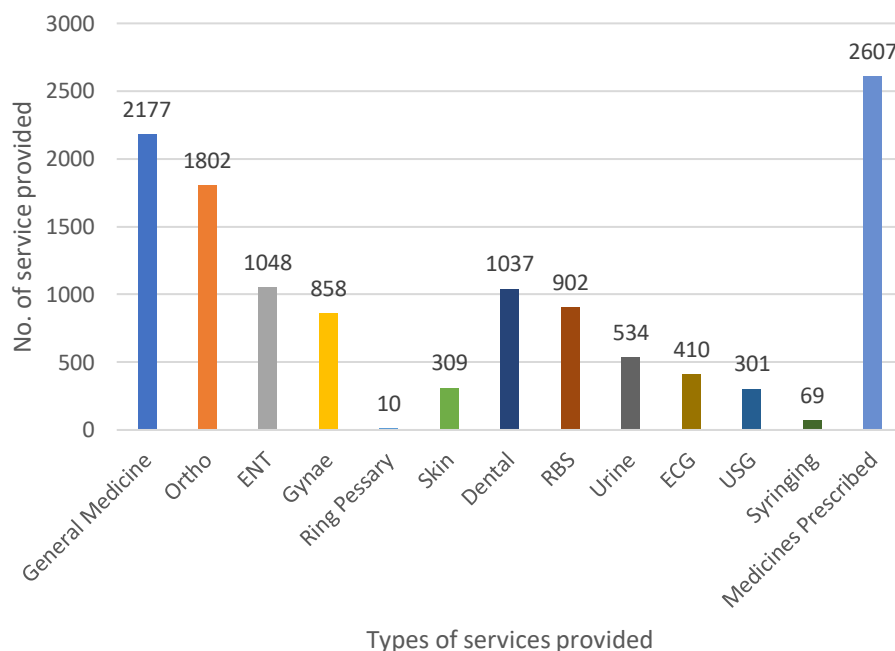


Figure 2: Bar diagram showing registration of participants into different departments.

A total of **2,963** individuals registered for check-ups in the camps, with **67%** female and **33%** male participants. Despite this number, a total of **12,064** services were provided, as illustrated in Figure 2. In addition to these services, the camp also offered emergency wound dressing, essential primary care for heart patients, and more. Alongside treatment and counseling, prescribed medicines were distributed to the local community free of charge. The patients who could not be treated in the camp and required further treatment were referred to the relevant hospitals and health institutions as needed. All the services provided in the camp were free of charge.

Some glimpses from the camps are shown below:



Fig i: Materials ready to be packed for camp



Fig ii: Logistics and medicines being loaded to take to the campsite



Fig iii: Setup of Doctor's table



Fig iv: Setup for ENT checkup



Fig v: Registration of patient for checkup



Fig vi: Nurses taking vitals of patients



Fig vii: Checkup of patients



Fig viii: ENT checkup at camp

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*Fig ix: USG being done at camp*



*Fig x: ECG of a patient being done at camp*



*Fig xi: Blood sugar level check-up of patient at camp*



*Fig xii: Urine test of the patients at camp*



*Fig xiii: Injury dressing of patient at camp*



*Fig xiv: Distributing prescribed medicines to patients at camp*

## II. Medical Charity Fund

NELUMBO, NEPAL has launched the Medical Charity Fund (MCF) to provide financial assistance to underprivileged and marginalized individuals who cannot afford medical treatment and essential medications. This initiative is designed to ensure that economic conditions do not become a barrier to receiving healthcare services. Since its establishment, the fund has supported hundreds of individuals, offering them access to necessary treatments, surgeries, and medications that would have otherwise been out of reach. In 2024 alone, 5 individuals facing various health challenges received direct financial aid through the MCF, enabling them to receive proper medical care and improve their well-being.

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By continuously expanding the reach of the Medical Charity Fund, NELUMBO, NEPAL aims to provide lifesaving assistance to more people in need, reinforcing its commitment to equitable healthcare access. The organization actively seeks support from donors and partners to sustain and grow this initiative, ensuring that no one is denied treatment due to financial constraints. The summarized details of the individuals supported in the year 2024 are given below:

S.N.	Name	Address	Health Problem/Condition	Remarks
1.	Mr. Santa Bahadur Dhakal	Pokhara Metropolitan City -18, Sarangkot	Mental Illness	Regular Medication Support
2.	Anita Pariyar	Pokhara Metropolitan City-11	Swollen pancreas and pregnancy complications	Supported for treatment and medication of pregnancy complications and swollen pancreas
3.	Narayan Timilsina	Rupa Rural Municipality-03, Polyang	Spinal injury	Supported for treatment and medication of spinal injury
4.	Soniya Pariyar	Baglung Municipality-13	Psychiatric Problem	Support for medication
5.	Sita Poudel	Pokhara Metropolitan City-19	Psychiatric Problem	Support for medication

### III. Health Materials Support

In 2024, NELUMBO, NEPAL supported local clubs and government health centers by providing essential health materials and medications. This initiative aimed to strengthen the availability of basic medical supplies, ensuring that people in need, especially those in remote and underserved communities, could access critical healthcare resources without delay. The support included a range of essential medicines, first aid supplies, and other medical necessities crucial to emergency response and routine healthcare services. By equipping local health centers with these resources, NELUMBO, NEPAL played a vital role in enhancing their capacity to deliver timely medical assistance.



Fig xv: Handover of First Aid Kit to Club Treasurer of LA Grandee International College for Futsal Tournament



Fig xvi: Handover of euro guard to Rupa Hospital, Rupa RM

#### IV. Awareness Program

Health awareness programs are essential for early detection, treatment, and prevention of diseases. To address this need, NELUMBO, NEPAL has been proactively conducting initiatives that promote health, education, and awareness through various strategies. These efforts include organizing awareness sessions alongside health camps, collaborating with other organizations, and using diverse media platforms such as audiovisual content, posters, pamphlets, and FM radio broadcasts. By implementing these initiatives, NELUMBO, NEPAL aims to encourage healthier lifestyles and prevent diseases within the community.



Fig xvii: Health awareness using multimedia at health camp organized at Madi RM-09, Mijure



Fig xviii: Awareness of various health-related topics through F.M.



## **B. Education Programs**

In the education sector, our programs have made significant strides in narrowing the gap in learning opportunities. We firmly believe that education is a fundamental right, and every child deserves access to quality education, as it equips them with the skills needed for academic, professional, and social success. Our efforts have been dedicated to empowering students with knowledge, skills, and confidence to pursue their goals and aspirations. NELUMBO, NEPAL's educational initiatives focus on fostering inclusive learning environments by offering scholarships, providing educational and sports materials, and promoting vocational training programs. A summarized overview of these efforts is presented below.

### **I. Scholarship**

NELUMBO, NEPAL has been providing scholarships to underprivileged children of its working area who show academic excellence but come from low-income families and therefore are unable to pay for their education. In the year 2024, a total of **28** students were supported through this program.

### **II. Euro guard Distribution**

Access to clean water is essential for maintaining good health, particularly among children, who are more vulnerable to infections caused by contaminated water. Like the previous year, the euro guard was handed over to one government school of the working area to promote clean and safe drinking water and keep the students safe from different types of water-borne diseases.

### **III. School Support**

NELUMBO, NEPAL has been supporting government schools that are in dire condition with reserved funds to provide aid for the delivery of quality education to the students. In the year 2024, a basic-level government school of Annapurna Rural Municipality, Kaski was supported with a school support fund which will be used to maintain the school's infrastructure, purchase educational and sports materials, recruit human resources, etc. as per the need.

### **IV. Sports Materials Distribution**

NELUMBO, NEPAL supported one of the schools in its working area with sports materials with the aim of enhancing student's overall development as many government schools particularly in rural and underprivileged areas lack access to proper sports equipment limiting students' opportunities for physical and extracurricular activities.

## V. School Uniform Distribution

Warm sweaters were distributed to 5 government schools of Machhapuchhre Rural Municipality-07 and a government school of Bandipur Municipality to address the immediate need for warm clothing among students. The program ensured that children's education remained uninterrupted during the cold winter months, benefiting numerous students from low-income families who could not afford warm clothing. This program demonstrates NELUMBO, NEPAL's dedication to closing educational gaps, aiding marginalized areas, and tackling short-term and long-term problems to empower children and create a better future.

## VI. Teacher Support

As many government schools in Nepal are experiencing a shortage of teachers which has been impeding children's education; NELUMBO, NEPAL has been supporting 2 government schools in Machhapuchhre Rural Municipality, Kaski with qualified teachers based on need assessment to fill in the realized gap.

Some of the glimpses of the Education program:



Fig xix: Scholarship agreement and certificate handover



Fig xx: Sweater handover to students at various government schools of Machhapuchhre-07



Fig xxi: Sports Materials Handover to Shree Prithivi Secondary School, Machhapuchhre RM-07



Fig xxii: Teacher Support Agreement with Shree Udaya Secondary School, Machhapuchhre RM-07.

## C. Environment Programs

In its environmental programs, NELUMBO, NEPAL has prioritized environmental sanitation and awareness programs. As part of this initiative, dustbins were distributed

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to local communities and schools. These dustbins are vital for keeping both outdoor and indoor spaces clean and free of litter, thereby supporting a healthy and sustainable environment. Littering not only harms the environment but also poses risks to human health and safety. Thus, proper waste management is crucial for maintaining a clean and healthy environment.

Similarly, NELUMBO, NEPAL also celebrated the 52nd World Environment Day by organizing an essay competition and distributing dustbins at Shree Udaya Secondary School in Dhampus. The event aligned with the 2024 theme, **"Land Restoration, Desertification, and Drought Resilience,"** emphasizing environmental protection and sustainability.

Students from grades 6-10 participated in the competition, which aimed to raise awareness about environmental issues and enhance their writing skills. The top four essays from primary and secondary levels were awarded certificates and prizes.

Some glimpses from environmental programs:



Fig xxiii: Dustbins handover to representatives of Shree Udaya Sec. School, Dhampus, Machhapuchhre RM-07



Fig xxiv: Students enthusiastically participating in the essay competition



Fig xxv: Group picture after completion of essay competition



Fig xxvi: Dustbin handover to Tulashighat Sab-dhaha Samiti, Pokhara MC-03



## 2. Dental Care and Ear Care

Oral health is essential for overall well-being, affecting appearance, nutrition, speech, and social interactions. Despite being largely preventable, oral diseases remain a major global health burden, with nearly 3.5 billion people affected, particularly by untreated dental cavities. Oral diseases share risk factors with non-communicable diseases, such as poor hygiene, sugar consumption, and tobacco use, and their treatment is costly.

Similarly, ear health is crucial for quality of life, education, and employment. Hearing loss, which affects over 1.5 billion people worldwide, can result from congenital factors, infections, noise exposure, and aging. In Nepal, ear diseases and deafness are prevalent, especially compared to other low—and middle-income countries. Early detection, preventive measures, and screenings are vital in reducing the impact of hearing loss.

In Nepal, most health services are concentrated in metropolitan regions, which restricts access to health care services including oral and ear health care services for the rural population. To fill the gaps in accessing oral and ear health care services in rural and remote areas of Nepal, prioritizing the underprivileged and marginalized population, NELUMBO, NEPAL had launched the "*Dental Care and Ear Care*" project under which dental and ear camps are organized in various places to provide a quality ear and oral health care services to those in need. The main objectives of this project are mentioned below:

### Objectives:

- Organizing camps to identify ear, oral and dental problems and provide appropriate treatment.
- Supporting the marginalized population with their treatment related to ear, oral, and dental problems.
- Awareness program about ear, hearing loss, oral health, dental hygiene, and the effects of food habits and behavioral patterns.
- Dental check-up service by specialized and qualified doctors.
- Intervening severe oral, and dental-related illness and ear problems at the initial phase.

The working area of this project includes all the districts of Gandaki Province. Since the commencement of the project, NELUMBO, NEPAL has been able to reach the community of 6 districts out of 11 from the Gandaki province. In the year 2024, our programs were focused on different Rural Municipalities, Municipalities, and Metropolitan cities of 4 districts (**Kaski, Baglung, Myagdi, and Tanahun**).

### A. Oral Health Care Programs

Under this program, oral health services are provided through a fully equipped Dental Mobile Clinic by a qualified dental team. Dental Mobile Clinic provides services on-field, in a moving vehicle that consists of basic dental instruments like x-ray equipment, sterilization machines, and other dental-related equipment. It includes routine care such as initial examination, dental x-rays, scaling, restoration, RCT (Root Canal Treatment), disease screening, etc.

The dental camps are usually conducted at two levels, i.e., community level and school level where oral health screening of all the patients is undertaken along with the treatment plan. In the year 2024, a total of **23** camps were conducted among which **17** were regular dental camps whereas the remaining **6** were follow-up camps. Besides the field-based follow-up camps, patients were also provided with treatment at the office; especially those with planned RCT (Root Canal Treatment). These dental camps were conducted mostly focused on students of public and government schools and marginalized community people who have little to or no access to quality oral health services. Out of the **23** camps, **14** were conducted at the community level while the remaining **9** were conducted at the school level.

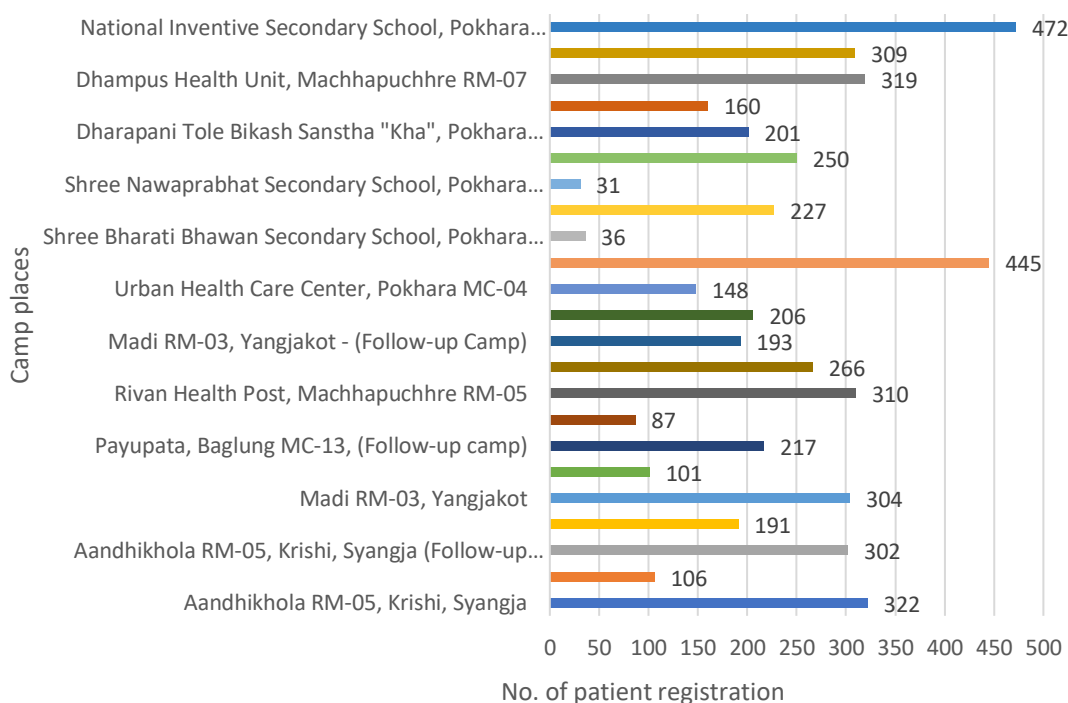


Figure 3: Bar Diagram showing dental camp details with the patient registration number.

The regular dental camps were followed by follow-up camps after a month or so where further treatments and medication are administered to the patient as per the diagnosis

to provide comprehensive dental care. All the services provided in these dental camps are free of cost. In the year 2024, a total of **5203** people were able to get dental treatments and medication. Along with the curative aspect, this project also emphasizes the preventive aspects of oral and dental health, so these camps are always accompanied by awareness programs related to the importance and ways of maintaining good oral health and hygiene.

**Major findings from the camp:**

The age of participants ranged from 2 to 95 years of age. The highest number of participants (1603) were from the age group of 2-15 years followed by the 16-30 age group (1235) and other age groups, respectively. Out of all the participants, females made up the majority 56%, while males constituted only 44% of the participants.

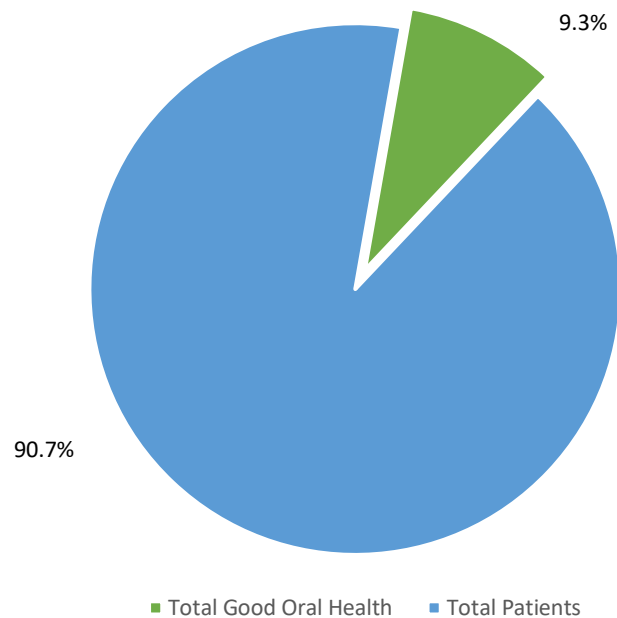


Figure 4: Pie-chart showing oral health status.

Based on dental screening data, it was discovered that only 9% of the individuals who registered for checkups had good oral health, while 91% were experiencing various oral health issues as shown in Figure 4.

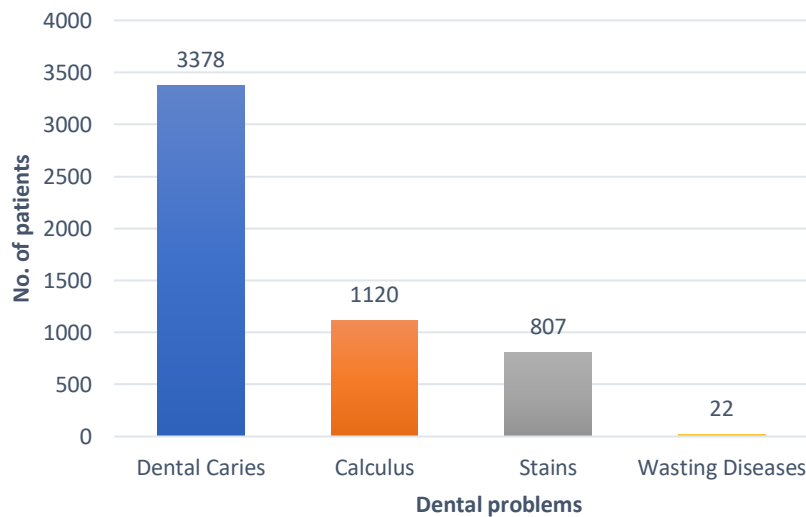


Figure 5: Bar diagram showing dental programs diagnosed in the camp.

As shown in Figure 5, dental caries was identified in 3,378 patients, with an average DMFT score of 1.79. Severe cases of calculus and staining were recorded in 1,120 and 807 patients, respectively. A small number of patients, 28 in total, were also diagnosed with wasting diseases.

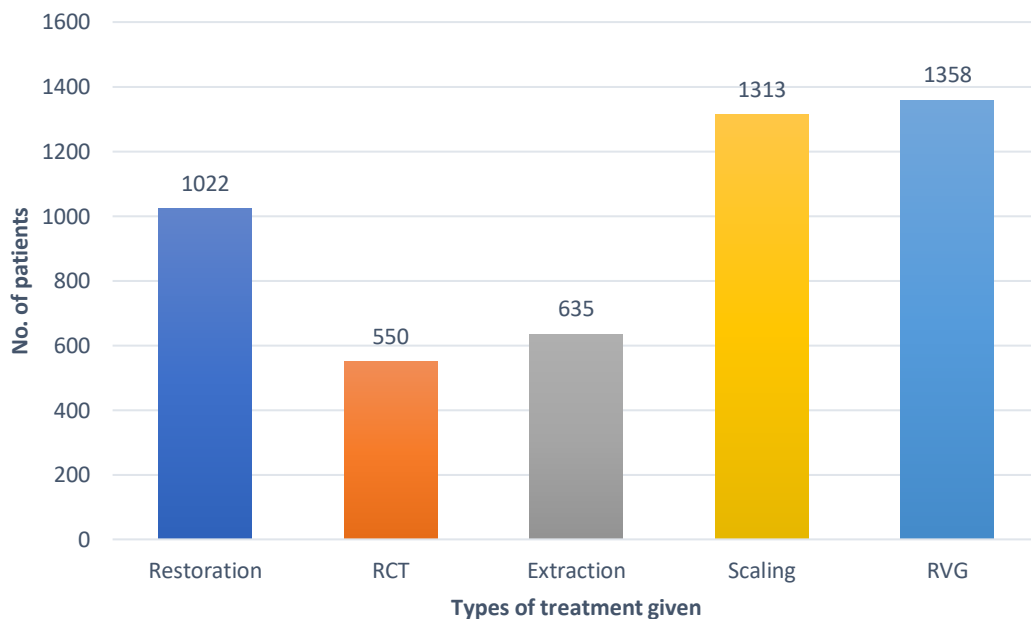


Figure 6: Bar diagram showing the treatment details of patients.

Following the screening, necessary treatments were provided to the patients based on the treatment plans made based on their diagnosis details shown in Figure 6. As per the data obtained from the OPD note of the camp, a larger percentage of people required treatment like scaling and RVG (Radio Visio Graphy), followed by restoration, extraction, and RCT (Root Canal Treatment). These treatments are commonly administered for dental caries (cavities) and periodontal problems. Patients with multiple oral health

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issues that could not be addressed on one visit were scheduled for further treatment. Consequently, follow-up camps were organized to meet these needs. In the follow-up camps, the most provided treatments were RCT, restoration, RVG, scaling, and extraction.

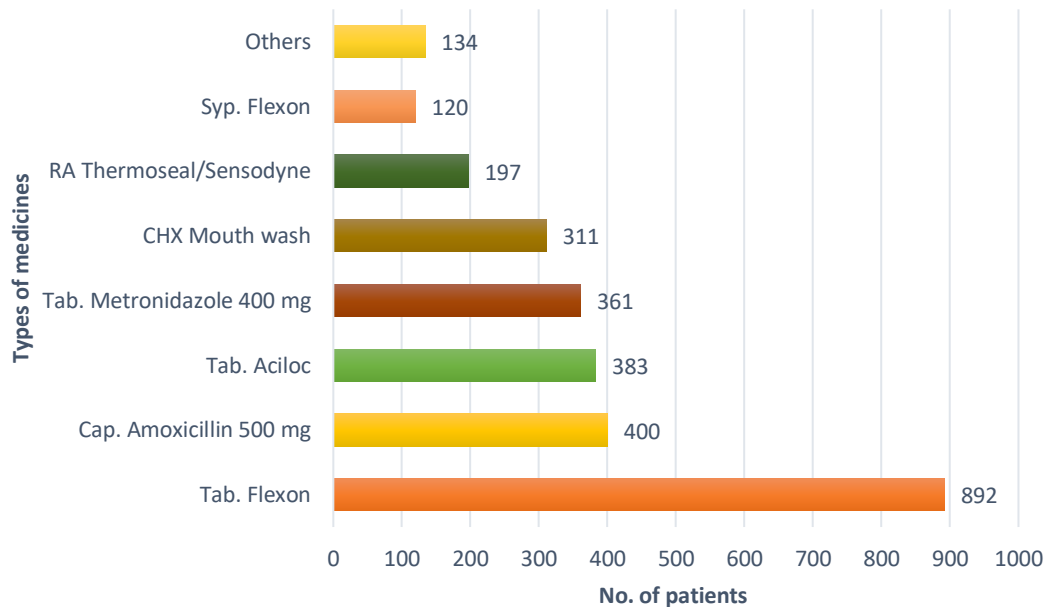


Figure 7: Bar diagram showing the details of prescribed medicines.

Following the treatment, the doctor prescribed medications to patients based on the treatment requirement. Figure 7 shows the comprehensive detail regarding the prescribed medicines with Flexon tablets, Amoxicillin, Aciloc, Metronidazole, CHX Mouth wash and others being the most frequently dispensed medicines. In total **NRs. 1,29,54,827 (One crore twenty-nine lakh fifty-four thousand eight hundred and twenty-seven rupees only)** worth of oral health services (treatment and medication) were provided to the patients in the year 2024. The aforementioned cost was calculated by taking cost reference from the dental teaching hospital of Pokhara.

In addition to the curative aspect, priority was also given to awareness programs. These programs are conducted alongside the camps and are aimed at the general public, with a special focus on school students, teachers, and local community people. Various methods are used for these programs, including demonstrations, flyer distribution, banner displays, and audio-visual presentations.



Some of the glimpses from the dental camp:



*Fig xxvii: Oral health screening of the patients*



*Fig xxviii: RVG of the patients being done*



*Fig xxix: Dental Surgeon treating the patient in a fully equipped Mobile Dental Van*



*Fig xxx: Scaling of the patient being done in the portable dental chair*



*Fig xxxi: Dental awareness to the school students along with demonstration*



*Fig xxxii: Dental team receiving the certificate of appreciation after the successful completion of the camp*

## B. Ear Care Programs

Ear-related problems are a significant global public health concern, affecting nearly 20% of the population, according to the World Health Organization (WHO). In Nepal, approximately 16% of individuals experience hearing impairments in at least one ear. Timely detection and treatment play a vital role in the prevention and effective management of ear diseases. To address this, NELUMBO, NEPAL launched a program focusing on the early detection and treatment of ear conditions. Under this program, four ear camps were organized alongside dental camps, providing essential ear care services

to community members in the working area. These camps offered services like screenings, micro-suctioning, ear syringing (irrigation), Pure Tone Audiometry (PTA), counseling, and medication. A qualified team of healthcare professionals ensured that individuals received proper diagnosis and treatment, contributing to better ear health and overall well-being.

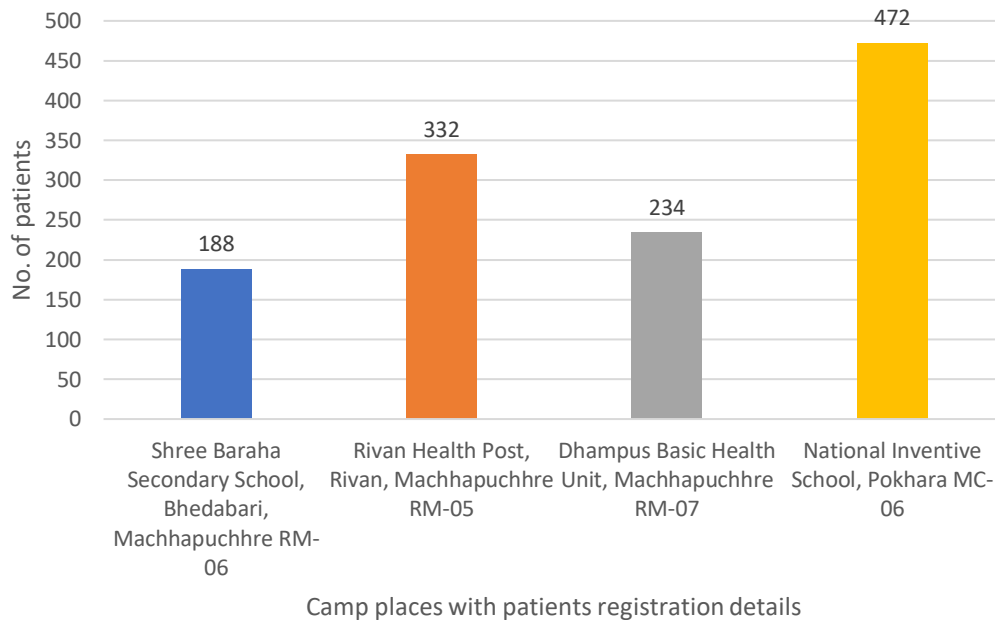


Figure 8: Ear Camp Details

### Major findings from the camp:

A total of **1226** individuals registered for ear examinations. Among the four camps, one camp was a screening camp organized to identify common ear problems and provide awareness to the students about the importance of maintaining good ear health while the others were conducted to provide treatment and medications as needed.

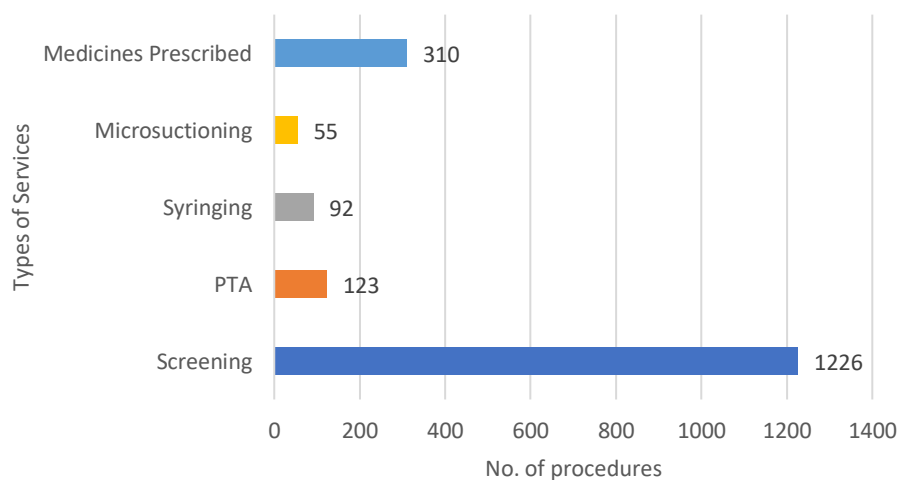


Figure 9: Bar diagram showing various types of ear-care services provided at camp.

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Treatment and medication were provided to the patients as per their diagnosis. Major services that were provided in the camps were screening and counseling, Pure Tone Audiometry (PTA), suctioning, syringing, and medicine distribution further details of which are shown in Figure 9.

Some of the glimpses from the ear camp:



*Fig xxxiii: Registration of the patient for ear check-up*



*Fig xxxiv: Setting up microscope and ear instrument for checkup and treatment*



*Fig xxxv: Check-up of the ear by a qualified medical professional*



*Fig xxxvi: Ear syringing at the camp*



*Fig xxxvii: Micro-suctioning of the ear using microscope*



*Fig xxxviii: Pure Tone Average (PTA) being done at the camp*



### 3. Child Care Counseling and Development

NELUMBO, NEPAL initiated the Childcare Counseling and Development (CCCD) project to offer extensive support to parents and children for fostering healthy developmental milestones. This project is conducted with close cooperation with our partner organization sharing minds which is situated in Switzerland. Over one and a half years, the project has effectively engaged with families, providing crucial guidance and healthcare interventions. Through targeted efforts such as distributing essential vitamins, dental care products, and nutritional supplements, and conducting educational outreach for parents, the project has significantly advanced holistic child development.

#### Objective of the project

- Support parents and caregivers in promoting a positive home environment for the holistic development of the child.

Brief detail of the activities conducted under the CCCD project is given below:

#### A. Parents Meeting

The Childcare Counseling and Development (CCCD) project was able to host 9 parent meetings in the year 2024 where parents shared their experiences of CCCD services with other parents, as well as the challenges they face while raising their children. In the meantime, children were exploring the play materials around them and bonding with each other. The main purpose of this parent's meeting was to create an environment for a child to socialise and let parents share their experiences with other parents and learn something new from each other. These meetings were conducted on several topics as:

- Importance of Nutrition
- Role of Micro Nutrition
- Importance of Macro Nutrition
- Brain Dance
- Reducing the use of Digital Media
- The benefit of reading to young children
- Importance of sleep
- Children's Mental Health
- Protecting Children from cold

#### B. Nutrition Program

##### i. Hospital Visits

A child of a regular client from counseling sessions upon regular anthropometric monitoring using the WHO growth chart was assessed to be below the third percentile

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which revealed the child was suffering from severe malnutrition. The child's mother requested help from NELUMBO, NEPAL as the family struggled financially. After the socio-economic assessment, NELUMBO, NEPAL supported the family with the treatment and medication. The child with her mother was taken to the paediatric hospital and then referred to the nutrition department. The follow up to the hospital was done every week for two months for regular anthropometric monitoring along with administration of RUTF (Ready to Use Therapeutic Food) supplement. With the treatment and supplements, Harshita's condition gradually improved over two months.

#### **ii. Food Package Distribution**

After careful observation and home assessment, along with the request from the mother, CCCD supported parents and children with food packages. Harshita Chand Thakuri, one of the clients who has been malnourished since birth has undergone numerous follow-ups at the family centre. As mentioned earlier she was also supported with treatment and medication. The food package she receives includes items like rice, eggs, mixed lentils, and vegetable oil.

Likewise, another client who was having a hard time in the post-delivery phase due to weak financial condition has also been supported with food packages which include: rice, eggs, beans lentils, mustard oil, and dates.

#### **C. Counseling**

Behaviour change is a multifaceted process that requires awareness, persistence, and often external support. Recognizing these challenges can help individuals and organizations develop effective strategies to facilitate lasting behaviour change. CCCD's tailored interventions focused on parental practices and child-rearing behaviours through counseling sessions. With the appropriate community outreach, CCCD was able to establish its shape. In the year 2024, NELUMBO, NEPAL was able to provide a total of **194** counseling sessions to **187** parents through this project.

#### **D. Distribution of Vitamin D**

According to the World Health Organization (WHO), it is recommended that every child below the age of one year should consume 400 IU of Vitamin D per day. This is because vitamin D is essential for absorbing calcium in the body, which is necessary for the proper development of bones. During counseling sessions, most of the parents were found not continuing with vitamin D which was prescribed after the delivery which might affect the health and development of the child in the long run. As a solution, the project provided

regular oral Vitamin D supplements to infants who visit the office regularly for counseling sessions. In the year 2024, 98 pcs of Vitamin D have been distributed.

#### **E. Distribution of Toothbrush and Paste**

During the regular counseling sessions and parent meetings, it was observed that children had very poor oral health as they were not brushing their teeth even once a day. To promote the overall health and hygiene of the children, a pair of toothbrushes and paste has been distributed to the children along with proper guidance to their parents so that they can develop the habit of brushing their teeth regularly. A total of 115 pairs of toothbrushes and toothpaste has been distributed in the year 2024.

#### **F. Distribution of wet wipes**

Wet wipes were distributed to parents to promote good hygiene, as they are convenient for keeping babies clean and fresh, protecting their skin from germs, dirt, and allergies. The distributed wet wipes are alcohol-free to ensure the baby's skin remains protected.

#### **G. Distribution of a nappy towel and diaper**

Parents who come for counseling are taught about the materials they need to use for their baby. Also, some of the parents who cannot afford good quality materials are supported with nappy towels and diapers from the project. In the year 2024, a total of 19 pieces were distributed.

#### **H. Home Visits**

Home visits were carried out for various objectives, including socio-economic assessments of clients to evaluate their living condition and financial status of the household. Likewise, house visits were also done to handover the food packages for needy mothers and children. Furthermore, practical sessions and training were also conducted during the home visits.

Some of the glimpses from the program:



*Fig xxxix: New waiting room setup*



*Fig xl: New counseling room setup*





Fig xli: Children exploring new things



Fig xlii: Children socializing and engaging in productive activities



Fig xliii: Child Care Advisor giving sessions during the parents' meeting.



Fig xliv: Food package handover



Fig xlv: Carlo Camenzind (president, Sharing Minds) on visit at NELUMBO, NEPAL.



Fig xlvi: Anja Camenzind (manager, Sharing Minds), on visit at NELUMBO, NEPAL.

## Social Audit

Social Audit is an important mechanism for strengthening an organization's accountability to communities. It helps all the stakeholders analyze the competence of the NGO and identify any obstacles or weaknesses in its planning and operations. NELUMBO, NEPAL carried out its first social audit of all its projects in the fiscal year 2080/81. The study involved interactions and interviews with beneficiaries and stakeholders from the sampled areas.

The report's findings emphasized that beneficiaries and stakeholders strongly support the relevance of the organization's programs. Their replicability further underscores their significance. Beneficiaries and stakeholders found the programs highly effective and expressed great satisfaction with the services provided. Qualitative field data and the financial audit report confirmed the programs were implemented efficiently. Many of these initiatives have been integrated into the annual policy plans of their respective local governments. Effective coordination and collaboration with stakeholders contributed significantly to the programs' efficiency. Both service providers and stakeholders demonstrated a high level of professionalism and accountability. Program implementation in partnership with local governments showcased strong collaboration with these entities. The organization's financial transparency is evident in its financial audit report. Social and environmental safeguards were diligently maintained throughout the programs. Beneficiary and stakeholder satisfaction highlights the programs' success, particularly in areas such as program selection, efficiency, accountability, stakeholder coordination, and social and environmental safeguarding. Overall, the programs were found to be well-aligned with national and global development priorities, including the Sustainable Development Goals (SDGs).

Some of the glimpses from the Social Audit Program:



*Fig xlvii: Focus Group Discussion with the stakeholders and beneficiaries of Aandhikhola RM, Syangja*



*Fig xlviii: Dissemination of Social Audit Report to all the stakeholders by Dr. Rishikesh Pandey*

## Contribution to Sustainable Development Goals (SDGs)

We have outlined how our initiatives have contributed to achieving Sustainable Development Goals (SDGs). While our efforts have had a positive influence across nearly all the SDGs, a detailed mapping of our impact indicates that our contributions are especially significant in six key areas. These six goals have seen the most substantial benefits due to our targeted strategies, resource allocation, and approaches. By focusing on these priorities, we have achieved meaningful progress, created sustainable solutions, and maximized our positive impact. The six goals that our programs have achieved is listed below:





## 8<sup>th</sup> Annual General Meeting

NELUMBO, NEPAL conducted its 8th Annual General Meeting on Bhadra 16, 2081 (September 01, 2024) at Pokhara Event Center at Bulaudi, Pokhara-06. This meeting was primarily held to provide transparency and include all the members, as well as to hold management accountable. The Board members, Honorary members, General members their families, and Staff attended the meeting. Mr. Dandaraj Sharma Paudel, Chairperson of Nepal Red Cross Society Kaski was the Chief Guest of the program whereas Mr. Gahendreshwor Koirala, Dr. Bhojraj Neupane, Dr. Chandika Pandit and Mr. Ramani Adhikari were the special guest of the program. The 8th Annual General Meeting was chaired by Mr. Ekadev Devkota, Chairperson of NELUMBO, NEPAL. The main highlights of the meetings are mentioned below:

- Presentation on activities of Community Health, Education, and Environment of FY2080/81
- Presentation on activities of Dental Care and Ear Care of FY2080/81
- Presentation on activities of Child Care Counseling and Development of FY2080/81
- Presentation on activities plans for FY2081/82
- Presentation on budget expenses for FY2080/81
- Presentation on the budget plan for FY2081/82
- Election for organizations' board members

Following the conclusion of the 8th Annual General Meeting, a closed session was held to elect new board members for the organization. As per the organization's policy, board members are elected every three years. In this year's election, since there were no new applications or opposition, the existing board members were reappointed. Mr. Rammani Adhikari acted as the Election Commissioner for the entire election session.

Some Glimpse from the programs:



Fig xlix: Ms. Nirmala Devkota, Partnership and Communication Coordinator facilitating the AGM



Fig I: Opening remarks by Mr. Saroj Koirala, Vice-Chairperson

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Fig li: Ms. Shamika Basnet, Sr. Program Officer presenting the activities carried out under the projects CHEE & DCEC in the FY 2080/81.



Fig lii: Ms. Nirmala Devkota, Partnership and Communication Coordinator presenting various activities carried out under the project CCCD & the plans for FY2081/82.



Fig liii: Mrs. Anjana Tajhya, Treasurer presenting the expenses details of FY2080/81 & budget plans for FY2081/82



Fig liv: Mr. Dandaraj Sharma Paudel, Nepal Red Cross Society giving remarks about NELUMBO, NEPAL.



## 7th NELUMBO Day Celebration

NELUMBO, NEPAL marked the 7 years of its establishment on Poush 14, 2081 BS. which was celebrated by organizing picnic on Poush 14, 2081 at Suikhet River Valley Resort, located at Pokhara-25. The picnic was attended by board members, staff, and the manager of Sharing Minds Ms. Anja Camenzind. The day was celebrated by playing various games and cake cutting by the Chairperson of NELUMBO, NEPAL and a special guest, Ms. Anja Camenzind Manager of Sharing Minds. The day was filled with fun games and activities in which it was enjoyed to the fullest by all the attendees.

The day was marked by a ceremonial cake-cutting led by Mr. Ekadev Devkota, Chairperson of NELUMBO, NEPAL and Ms. Anja Camenzind, Manager of Sharing Minds. Some glimpse from the NELUMBO Day celebration:



Fig Iv & Ivi: Winners of various games at the picnic



Fig Ivi: Celebration of 7<sup>th</sup> NELUMBO Day

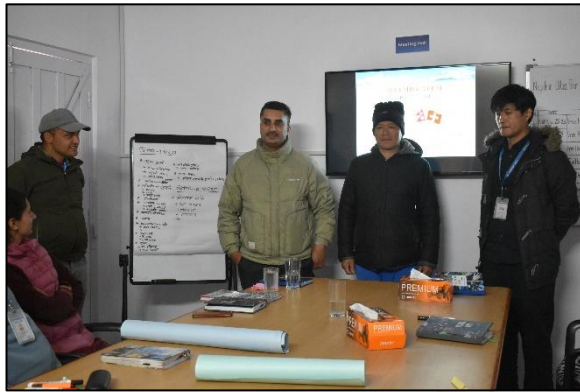


Fig Iviii: NELUMBO Family

## Training and Workshops

Motivational workshops are vital for building a motivated, engaged, and productive team, benefiting both employees and organizations. NELUMBO, NEPAL organizes annual workshops and training for its staff on diverse topics. This year's Inhouse Workshop, held at the office, included activities such as an introduction to the organization, strategies to overcome procrastination, the importance of silence, group presentations, and team-building games.

The workshop was facilitated by Chairperson Mr. Eka Dev Devkota. Participants engaged in interactive sessions reviewed educational videos and collaborated on group presentations summarizing key lessons. A teamwork-focused game, "pass-the-water," highlighted the value of collaboration. The workshop concluded with a reflective session where participants shared their insights and feedback.



*Fig lix: Group presentation during the in-house workshop*



*Fig lx: In-house staff workshop at office*



*Fig lxi: Group picture after completion of workshop*



## Funding Partner & Supporters

NELUMBO, NEPAL would like to extend its heartfelt gratitude to all the national and international organizations, local government bodies (Rural Municipalities and ward offices), community clubs, local communities, and International Individual Donors who have played an integral role in the success of its program. Your unwavering support, trust, and generosity have been the cornerstone of our ability to implement impactful programs and bring meaningful change into the lives of underprivileged and marginalized populations.

It is through your collaboration and contributions that we have been able to overcome challenges and deliver programs effectively across health, education, environmental sustainability, and awareness. It is your belief in our mission and vision that enables us to do more and be able to continue to make a difference.

The immense trust and encouragement we receive from our partners fuel our determination to work tirelessly toward achieving our organizational goals. We look forward to continuing this meaningful journey together, creating a lasting change and fostering a brighter future for the communities we serve. We are grateful to you for being an essential part of our vision.

**STIFTUNG OHRCHIRURGIE  
NEPAL**



**VICTORINOX**



**NELUMBO**

**earaid**  
— NEPAL —



sharing minds



**Local Government Bodies**

## Our Team

### Board Members

Mr. Eka Dev Devkota - Chairperson

Mr. Saroj Koirala – Vice – Chairperson

Mrs. Sajani Udas - Secretary

Mrs. Anjana Tajhya – Treasurer

Dr. Kapil Adhikari - Member

Mr. Rakesh Joshi - Member

Mr. Sumeru Tripathi - Member

### Honorary Members

Assoc. Prof. Gehendreshwor Koirala

Dr. Deepak Ranjan Dalai

Dr. Bhojraj Neupane

Mr. Rammani Adhikari

Dr. Chandika Pandit

Mr. Abu Taher Md Rafiqul

## Staff Members



**Mr. Bhim Prasad  
Bhandari**  
Program Coordinator



**Ms. Nirmala Devkota**  
Partnership and  
Communication  
Coordinator



**Ms. Shamika Basnet**  
Sr. Program Officer



**Mr. Suraj Dawadi**  
Finance and Admin  
Officer



**Dr. Dikshya Chhetri**  
BDS



**Mr. Rabi Gurung**  
Technical Officer  
(Part-time)



**Ms. Niruta Devkota**  
Sr. IT Supervisor



**Mr. Rupesh  
Gurung**  
Technical  
Supervisor



**Mrs. Kabita Subedi**  
Admin Supervisor



**Mrs. Pratikshya  
Basnet**  
Ear Care Practitioner



**Ms. Manisha  
Adhikari**  
Child Care Advisor



**Ms. Anju B.K.**  
Dental Hygienist



**Ms. Asmita Khand Shahi**  
Dental Hygienist



**Mr. Mukta Mal**  
Sr. Driver



**Mr. Ritik Chuwain**  
Clinical Support



**Mrs. Rita Thapa**  
Magar  
Office Helper

## Appreciation Certificates



"Enhancing lives through health, education, and awareness."



## News Coverage

News coverage of organizations' programs by various local and national newspapers.

**विविध**

### पाउँदुरमा नेलम्बोले राख्यो शिक्षक



**■ आदर्श समाज**  
पोखरा, ९ पुत

पाँचरा-४, गैडापाटनीस्थित नेलम्बो नेपालले अन्नपूर्ण गाउँपालिका ३ स्थित पाउँदुर आधारभूत विद्यालयलाई शिक्षक सहयोग गरेको छ । विद्यालयका आर्गनाइज समारोहबीच नेलम्बो अध्यक्ष एकरेव देवकोटा, विद्यालय अध्यक्ष प्रकाश गुरुङ तथा वडाध्यक्ष पण्डितप्रसाद पौडेलबीच विस्मय शिक्षक सहयोगबारे सम्मेलन भएको हो ।

सम्मेलनअनुसार चालु आर्थिक वर्षमा विद्यालयलाई नेलम्बोबाट १ जना शिक्षक सहयोग गर्ने तथा

त्वसको प्रभावकारिताका हेरिफन आगामी वर्ष शिक्षक नवीकरण हुने उल्लेख छ ।

गाउँ पालिका अध्यक्ष विष्णुबहादुर केसीले नेलम्बोप्रति आधार प्रकट गर्दै पालिका नेलम्बोसँग सहकार्य गर्न तयार रहेको औल्याए । उनले शिक्षकले इमान्दारीपूर्वक निम्मेवारी पूरा गर्नुपर्ने जनाउँदै निम्मेवारी पूरा नगर्ने शिक्षकलाई कारबाही गरिने बताए । गाउँपालिका उपप्रमुख क्षेत्रमा राज्यको लगानी ठूलो रहेको धारणा राख्दै शिक्षक कर्मचारी मेहनति हुनुपर्ने जनाइन् । उनले जहाँ विद्यार्थी त्यहाँ शिक्षक

मान्यतामा सत्य पालिका अगाडि बाँदरहेको स्पष्ट पार्दै विद्यालयलाई कानो माटोको संज्ञा दिइन् ।

वडाध्यक्ष फौगन्द् प्रसाद पौडेलले पाउँदुरलाई त्यस क्षेत्रकै नेठा विद्यालयको संज्ञा दिँदै शिक्षा क्षेत्रमा नेलम्बोको सहयोग अनुल्नोय रहेको धारणा राखे ।

नेलम्बो अध्यक्ष एकरेव देवकोटाले संस्था शिक्षा, स्वास्थ्य तथा वातावरणका क्षेत्रमा क्रियाशील रहेको बताए । उनले शिक्षक सहयोगले विद्यालयको शैक्षिक गतिविधिमा टेवा पुग्ने विश्वास लिए । उनले संस्था कोरोना कालदेखि अन्नपूर्णमा नोडिएको स्मरण गर्दै नेलम्बो

ने भन्छ त्वसलाई कार्यन्वयनमा लैराने संस्था भएको दाबी पनि गरे । विद्यालय अध्यक्ष प्रकाश गुरुङले नेलम्बोप्रति आधार प्रकट गर्दै शिक्षक सहयोगले शैक्षिक गुणस्तरमा टेवा पुग्ने विश्वास दिए । त्वस अवसरमा नेलम्बो कार्यक्रम संयोजक भीमप्रसाद भण्डारी, प्रधानाध्यापक वसन्ती देवकोटा, शिक्षक राम अधिकारी लगायतले पनि धारणा राखे ।

कक्षा नर्सरीदेखि ५ सम्म संचालित उक्त विद्यालयमा हाल ८२ जना विद्यार्थी एवम् कार्यालय सहयोगी समेत गरी कुल ६ जना शिक्षक कर्मचारी कार्यरत छन् ।

## ‘गरिबलाई छोएको नेलम्बो शिविर’

**■ आदर्श समाज**

पोखरा, ६ फागुन

मिजुरेडाँडास्थित पाखुरीकोटका ७७ वर्षे पद्मबहादुर गुरुङ सानैदेखि खानपानमा ध्यान दिन्थे । शरीर व्यवस्थापनमा पनि उनको रुचि थियो । नियमित व्यायाम गर्नु र घरव्यवहारको कार्य गर्नु उनको त्यतिबेलाको रैनिको थियो ।

उमेरले ५० ननासासम्म उनी निकै पहलमान थिए । घरका प्रायः सवै काम उनी एक्लै भ्याउँथे । तर ५०, ५१ नाघेपछि विस्तारै विस्तारै शरीरमा विसन्धो हुँदै गयो । केही दिन ठोक भएजस्तो त केही दिन विरामी । यस्तै गर्दै उनको भण्डे ५० पछि २५ वर्ष बिते ।

जैवाउन पोखरा जाउँ भने सामान्यतया ३ दिन लाग्छ । भाँडा बसमा जाँदा आउँदा १ हजार बढी । बस्ने, खानेको त छुट्टै हिसाब भई नै हाल्थ्यो । अब गाउँका गरिबहरू ओषधीमूलको गर्न नपाएर गाउँमै मर्नुपर्ने परिस्थिति आउलाजस्तो छ । उपचारका लागि पोखरा पर्दा वस्तुभाउलाई पाल्न पनि समस्या ।

तिनै गुरुङ शनिवार घरछेउस्थित मिजुरे स्वास्थ्य चौकीमा भएको शिविरमा आफ्नो व्यथा कहँदै थिए । पेटमा समस्या छ हजुर । सुगर, टिबो सबै छ, खोको पनि लागेको छ । कसो गर्ने होला ? चाँडै नै इन्द्रलाई भेट्न स्वर्ग गइएलाजस्तो छ डाक्टर साब ।

पद्मबहादुर नजिक रहेका गोर्जेका ७९ वर्षे धनबहादुर परिवारले पनि उनको बोलीमा हो मा हो मिलाए । ‘धन वडाध्यक्ष मनोजले खबर गरे । जोड दुख्ने, दाहिने आँखा दुख्ने मेरो पनि समस्या छ, डाक्टर साब । हामीजस्ता गरिबको उपचार गर्नुभयो भने तपाईंलाई पनि धर्म मिल्छ ।’ मिजुरेडाँडाका पद्मबहादुर र धनबहादुर जस्तै सयौं गाउँवासी यतिबेला पोखरा ४ स्थित नेलम्बो नेपाल एवं गाउँपालिकाको आयोजनामा भएको शिविरमा स्वास्थ्य परीक्षण गराउन पुगेका छन् । त्यहाँ शनिवारदेखि ३ दिनसम्म निशुल्क स्वास्थ्य शिविर एवं सचेतनामूलक कार्यक्रम गरिएको छ । माथी ९ स्थित स्वास्थ्य चौकीमा शिविर जारी छ भने वडा नं. ९ र ८ वासीलाई सेवा दिने

कार्य भइरहेको छ ।

शिविर उद्घाटन गर्दै नेलम्बो अध्यक्ष एकरेव देवकोटाले सहकार्यमार्फत भएका क्रियाकलाप तुलनात्मक रूपमा निस्वार्थ हुने उल्लेख गर्दै कौभिड समयदेखि माथी गाउँपालिकासँग सहकार्य गर्दै आएको स्मरण गरे । माथी ९ का वडाध्यक्ष मनोजकुमार गुरुङले डेढ वर्षको प्रयासमा आफ्नो वडामा शिविर सञ्चालन भएको स्पष्ट पार्दै स्वास्थ्य नै सबैभन्दा ठूलो कुरा रहेको औल्याए । वडाका अधिकांश जनताले स्वास्थ्य विमा गरे पनि, यातायात, पैसा, समय हरिहिसावले पोखरासम्म पुगेर उपचार गराउन कठिनाई हुने गरेको दुखेसो उनले पोखे । माथी ८ का वडाध्यक्ष प्रेमबहादुर गुरुङले नेलम्बोलाई धन्यवाद दिँदै वृद्धलाई उपचारमा प्राथमिकता दिन आग्रह गरे ।

पालिका स्वास्थ्य संयोजक गोपालचन्द्र बरालले प्रेसर, मिर्गौला, मधुमेह, क्यान्सरलगायत रोगबाट पालिकावासी पीडित रहेको सुनाउँदै स्वास्थ्यप्रति संवेदनशील बन्न सुझाव दिए । शिविरमा डा. सुप्रर्शन साचार्य, डा. अंकुर केसी, डा. विनोद बराल, डा. मनोसा बराल, डा. मोक्ष क्षेत्री, स्वास्थ्य सहयोगीका रूपमा प्रतीक्षा बस्नेत, विकास खड्का, प्रतीमा भण्डारी, करुणा गर्बुजा, अञ्जु विक, रुपा पुन, रवि गुरुङ र रुपेश गुरुङ खटिएका छन् ।

नेलम्बो अध्यक्ष देवकोटा, कार्यक्रम संयोजक भीमप्रसाद भण्डारी, कर्मचारीहरू निर्मला देवकोटा, समिका बस्नेत, रीतिक चुवाई, मुक्तबहादुर माल र विष्णुप्रसाद भण्डारीले सहजीकरण गरेका छन् ।

शिविरमा सामान्य चिकित्सा, हाड जोनी तथा नशा, स्त्री रोग, नाक कान घाँटी र छाला, दन्त सेवा, डिसजी, भिडियो एकर, प्रयोगशाला लगायतका सेवा दिइएको छ भने निःशुल्क रूपमा औषधी वितरण गरिएको छ ।

उक्त पालिकाका विकट मानिएका ठाउँहरू पोसी, परव्यू, रवेडाँडाबाट समेत स्थानीयहरू स्वास्थ्य लाभका लागि शिविर आएका छन् । पहिलो दिन शनिवार कुल २ सय ४७ तथा दोस्रो दिन आइतवार कुल ३ सय ४२ जनाको स्वास्थ्य परीक्षण गरिएको छ ।

PAGE NO. \_\_\_\_\_  
DATE \_\_\_\_\_

मादी जोउपालिका र तेलम्चे नेपालको सहकार्यमा  
मादी ३ भित्रै स्वास्थ्य चौकीमा मिति २०८०/११/०४ देखी  
२०८०/११/०६ गते सम्म सञ्चालन भएको निःशुल्क स्वास्थ्य  
शिबिरबाट मादी जोउपालिका दुर्गम क्षेत्र (मादी ८, ९) वरीय  
८०० जना व्यक्ती उक्त स्वास्थ्य परिषद जराइ स्वास्थ्य  
लाभ लिनु भएको हो स्थानिय स्वास्थ्य संस्थामै, न्याय, स्व  
दन्त सेवा, एचए तथा भिडियो स्वरुपमा सहितको विज्ञान  
डाक्टर सहितको सेवा उपलब्ध गराउन सहयोग गरी  
भएकोमा तेलम्चे नेपाल सहित सरोकारवाला हरैमा  
धन्यवाद व्यक्त गर्दछौ।

२०८०/११/०६

गोपाल चन्द्र खल  
मादी गा.पा.  
स्वास्थ्य कार्या

मि. व. पहाड सापकोट  
सामाजिक निकास समिति  
मादी गा.पा.

क्रमल पहाडगौरी  
प.प.अ  
मादी गा.पा.

मिति २०८५ साल मंसिर १४ गते देखि १६ गते सम्म (३ दिन) खुम्जंगा गाउँपालिका २ नेलम्बो नेपाल पोखराको सार्थकतामा बृहत स्वास्थ्य शिविर तथा निशुल्क औषधि वितरण कार्यक्रम संचालन गरिएकोमा यस गाउँपालिका नित्रका आम नागरिकहरूले विशेष स्वास्थ्य सेवा प्राप्त गरेका छन्। जुन सेवा अखिल गुणस्तरीय रहेको पाइयो। यस शिविर कार्यक्रम मार्फत सामान्य चिकित्सा, नाक, कान, दाँती, स्त्रीरोग, दन्त परीक्षण तथा उपचार हाड जोर्नी, न्याय सेवा, भिडियो X-ray, ECG तथा निशुल्क औषधि वितरण लगायतका सेवाहरू प्रदान गरिएको थियो। ३ दिनको शिविरमा एक हजार भन्दा बढी सेवाग्राहीले स्वास्थ्य सेवा लिईको पाइयो, यस शिविरमा मुख तथा दाँतको समस्या नरुका बिरामीहरू बढी भेटिएकोले आगामी दिनमा दाँतको हेर्ने शिविर संचालन गरिने आवश्यक देखिएको छ। ३ दिनको अवधिमा सम्पूर्ण सेवाग्राही समेट्न नसकिएकोले कम्तीमा एक हप्ताको शिविर संचालन गरिने उपयुक्त हुने देखियो। अन्त्यमा तीन दिनको बृहत स्वास्थ्य शिविर संचालन गरी सार्थकपूर्व तवरले कुल ११२७ जना सेवाग्राहीलाई स्वास्थ्य सेवा प्रदान गरिएकोमा नेलम्बो नेपाल चिकित्सक टिमलाई हार्दिक धन्यवाद सहित आभार प्रकट गर्ने चाहन्छौं।

नेत्र ब -  
टिका बहादुर शाही  
स्वास्थ्य शाखा प्रमुख

अमृता भण्डारी  
वडा अध्यक्ष शत्रुंजडा

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